Email #5

Subject:

Coping with Stress… This is your last chance to upgrade...

Coping with Stress… Going once… going twice...

Coping with Stress… upgrade while you still can!

[FIRST NAME],

Have you had a chance to take a look at the video upgrade to the text-based guide you recently purchased?

If you haven’t grabbed the upgrade yet, you need to do it RIGHT NOW… This is the last email I’ll send you, and if you don’t upgrade now, you’ll miss out on this low cost video training...

>>>LINK TO UPSELL SALES PAGE

**Who should get the video training?**

If you’re a visual learner, the video version makes it a wonderful training experience. Although the guide you just purchased leaves no stones unturned, if you want to be sure you see results as fast as possible, you need to get the video version.

Not only will you see results faster, but you’ll make sure you stick to your plan and in many cases, you’ll get even BETTER results by following the video upgrade.

**How many videos are there?**

There are 10, high-quality, in-depth videos that cover everything you’ll find inside the text-based version of the guide…

**How is this different than the EBook version of the training?**

Although the material covered is the same, it’s done in a format that makes it much easier for you to learn and start making things happen as quickly as possible.

It’s proven that most people struggle and ultimately give up with text only guides. THIS upgrade gives you the best chance for success and will pay for itself extremely quickly.

**In what format is the training delivered?**

You’ll get 10 high-quality videos in MP4 format that you can download and view anytime you want.

**How much is this?**

First off, ‘cost’ is the wrong word… This upgrade is an investment that will pay for itself many times over. If you close this page and try to come back later, I cannot guarantee that price won’t be higher or that this will even still be available to you.

**Is there a guarantee?**

Of course. You get a FULL 30 days to make sure this is for you. If for any reason, or no reason at all you’re not 100% satisfied with what’s inside, simply send me an email, and I’ll refund every penny of your tiny investment…

No questions asked.

**How do I get INSTANT ACCESS to the training now?**

To upgrade to the video version along with the Fast Action Bonus MP3’s, click the link below now…

>>>LINK TO UPSELL SALES PAGE

To Your Peaceful Life!

[YOUR NAME]