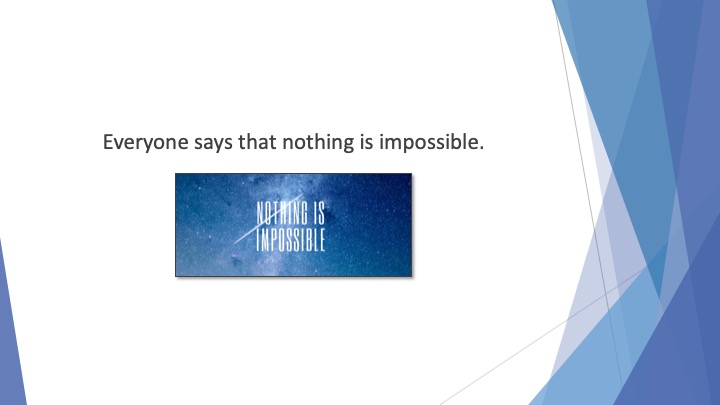
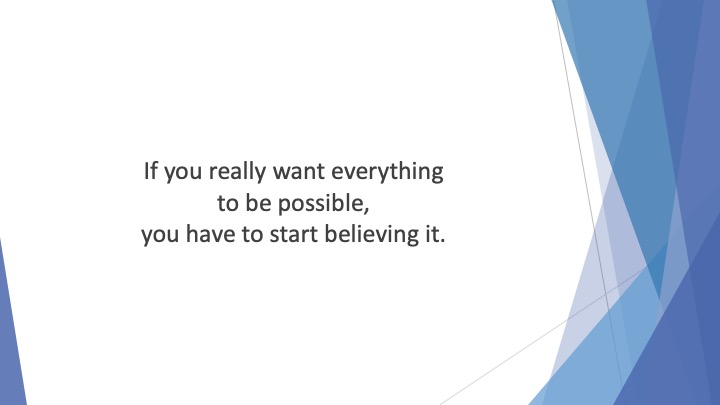
**Chapter 4: Nothing Is Impossible**

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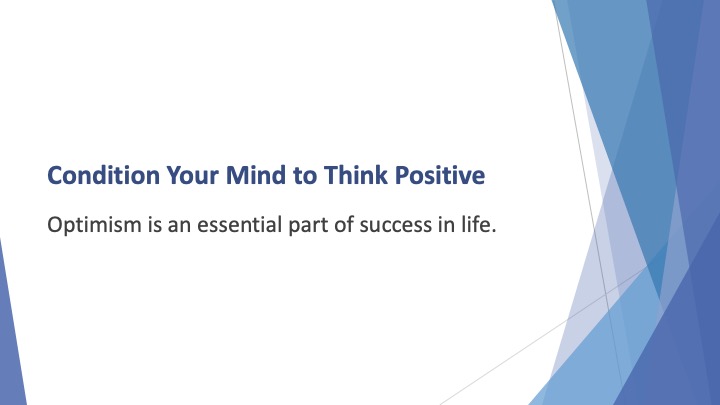
**S1** : In this video, we’ll talk about “Nothing Is Impossible”



**S2** : Everyone says that nothing is impossible. But do they actually believe it?

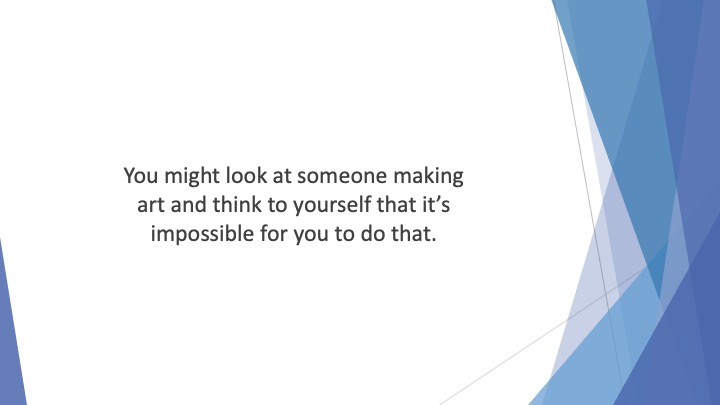


**S3** : If you really want everything to be possible, you have to start believing it. You’d be surprised by the power that belief has in life. You can make everything possible if you condition your mind to think so.

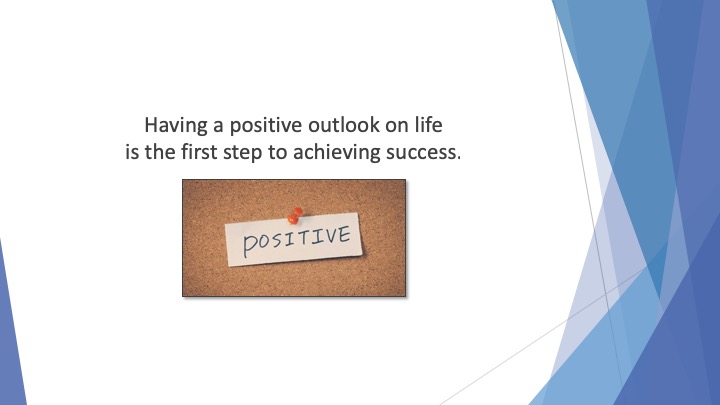


**S4** : **Condition Your Mind to Think Positive**

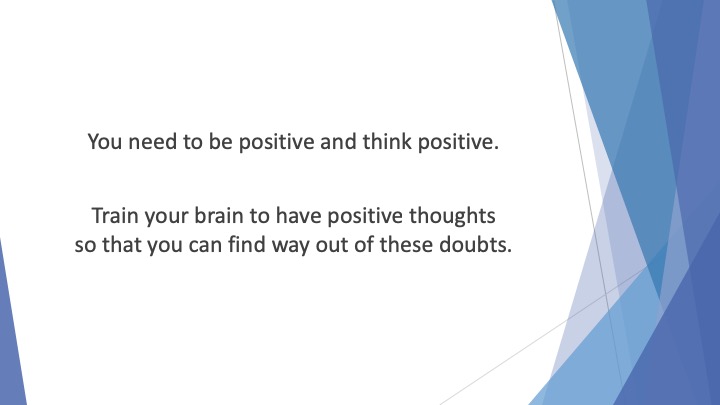
Optimism is an essential part of success in life. Once you condition your mind to think ‘’well and good’’, it’ll have a positive impact on all your decisions and thoughts.



**S5 :** You might look at someone making art and think to yourself that it’s impossible for you to do that. Why do you have to think so? A better way to go about it is to tell yourself that you can do just as well as that other person.

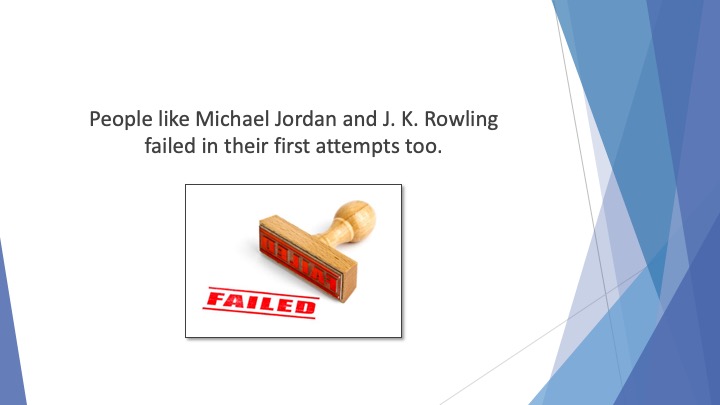


**S6 :** Having a positive outlook on life is the first step to achieving success. You will never become a brilliant photographer if you keep telling yourself that it is impossible for you to capture something beautiful.

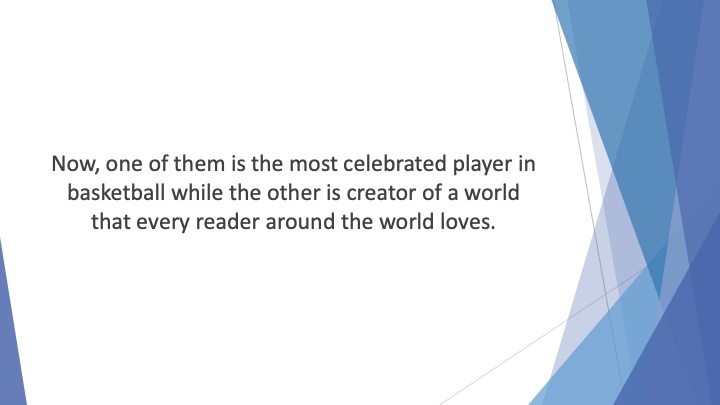


**S7 :** What do you need to do instead? You need to be positive and think positive. Keep telling yourself that you can do it. Pessimism will bring you down every time. It’s okay to have doubts but don’t let your doubts get in the way of achieving success.

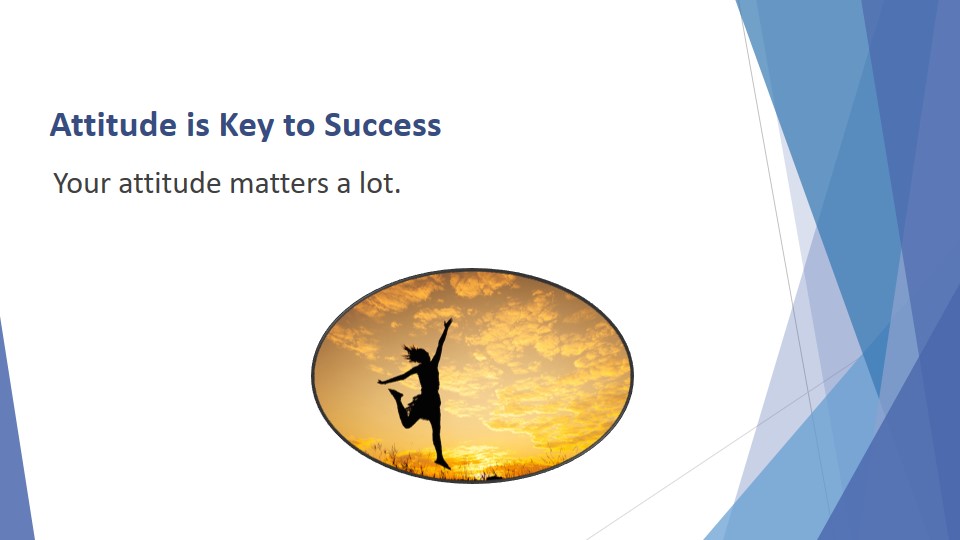
Train your brain to have positive thoughts so that you can find way out of these doubts.



**S8 :** People like Michael Jordan and J. K. Rowling failed in their first attempts too. Did they give up? No. instead, they kept their minds positive and kept striving.

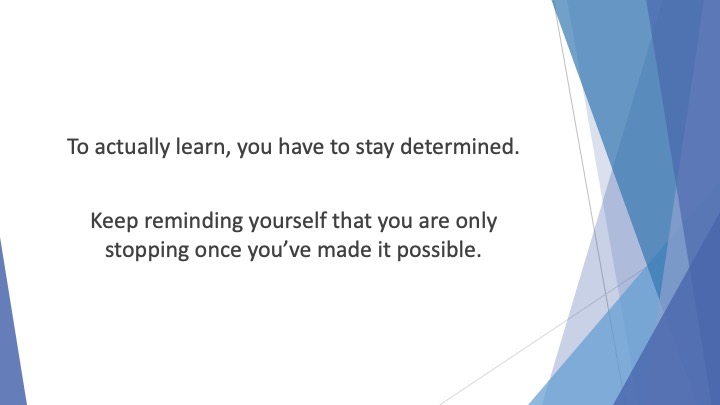


**S9 :** Now, one of them is the most celebrated player in basketball while the other is creator of a world that every reader around the world loves. If they told themselves that it is impossible for them to achieve something just because they failed the first time, would they have succeeded? Never.

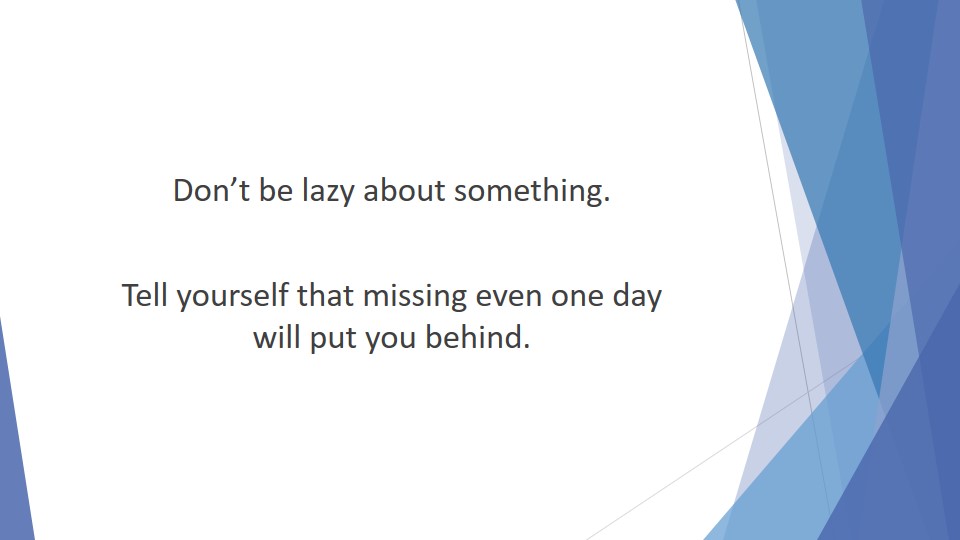


**S10 : Attitude is Key to Success**

Your attitude matters a lot. If you’re not serious about something, you can’t expect to excel at it, can you? So, you’ve made your mind about learning to play the piano.

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**S11 :** To actually learn, you have to stay determined. There’s no going back once you’ve made your mind. Keep reminding yourself that you are only stopping once you’ve made it possible.

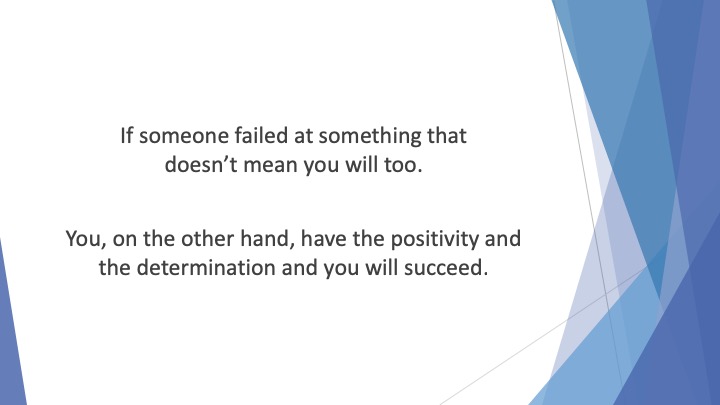


**S12 :** Don’t be lazy about something. If you have joined a piano class for learning, go to it regularly. Don’t miss a class just because you don’t feel like going or you’re too lazy to go.

Tell yourself that missing even one day will put you behind.

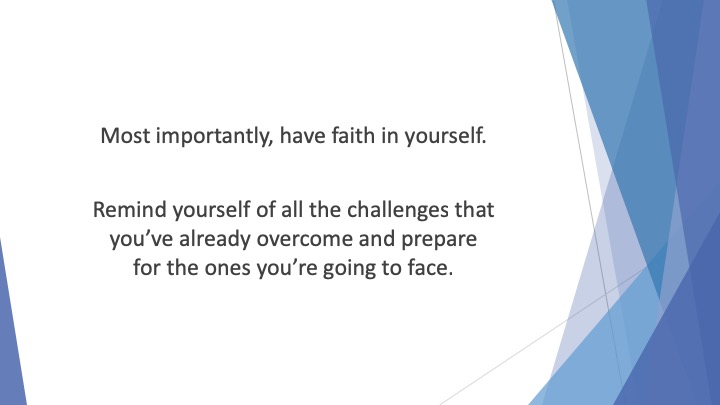


**S13 :** Here it’s very important to not listen to others. People like to share their experiences, especially if they’ve had a hard time of it. Someone might tell you that you’ll never learn because they themselves didn’t manage to.



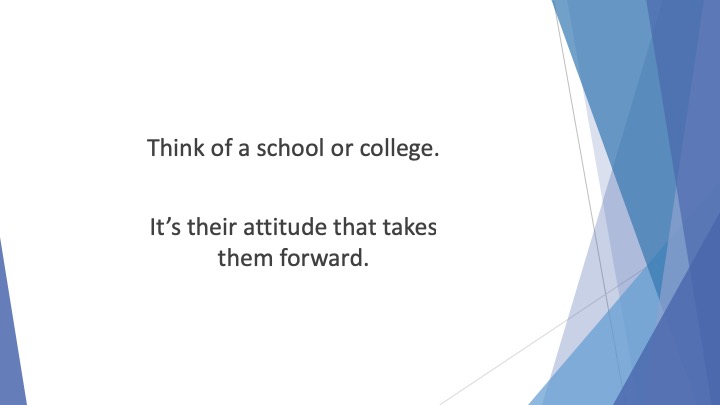
**S14 :** If someone failed at something that doesn’t mean you will too. Maybe they did not have the dedication or positive outlook.

You, on the other hand, have the positivity and the determination and you will succeed.



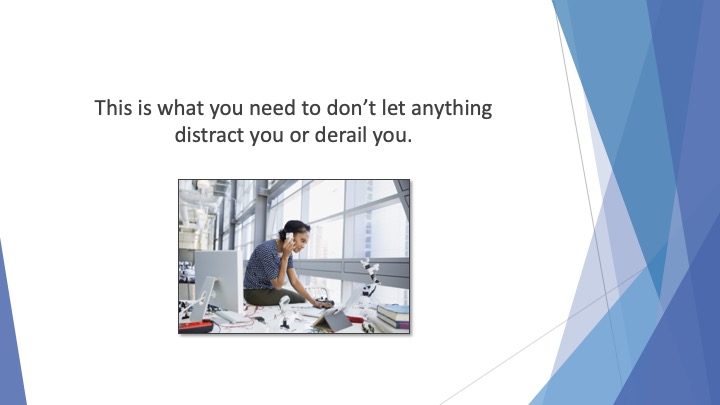
**S15 :** Most importantly, have faith in yourself. When you wake up every day, tell yourself that it’s possible for you to do it.

Remind yourself of all the challenges that you’ve already overcome and prepare for the ones you’re going to face.

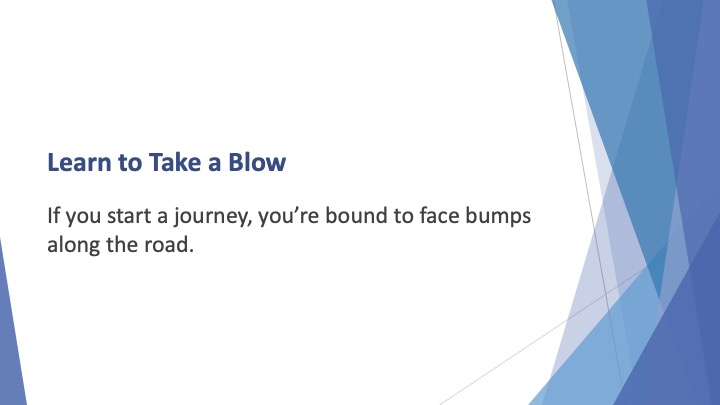


**S16 :**  Think of a school or college. Everyone goes to the same place and have the same teachers, books and environment. So why is it that some of them manage to excel at studies while others don’t? They must be doing something extra that others aren’t.

It’s their attitude that takes them forward.



**S17 :** They work extremely hard and they don’t let anything stop them from getting what they want. This is what you need to don’t let anything distract you or derail you.

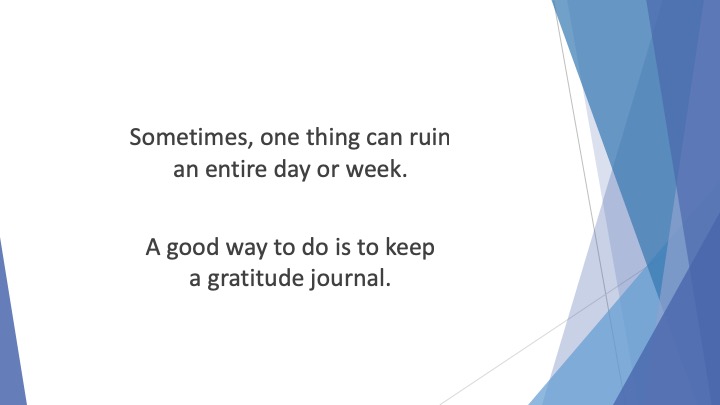


**S18 : Learn to Take a Blow**

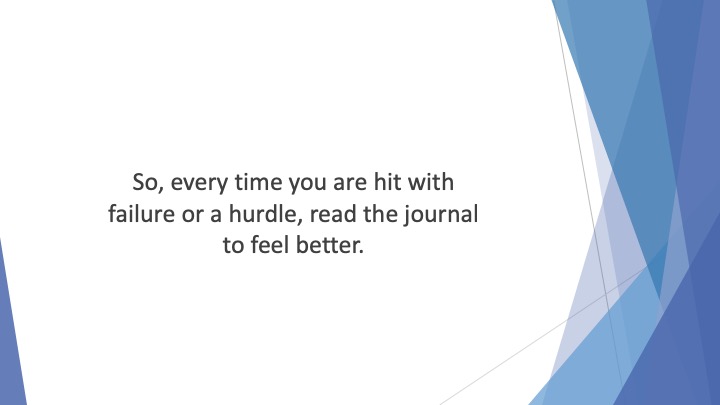
Life isn’t all cotton candy and unicorns. If you start a journey, you’re bound to face bumps along the road. You must be prepared for everything.



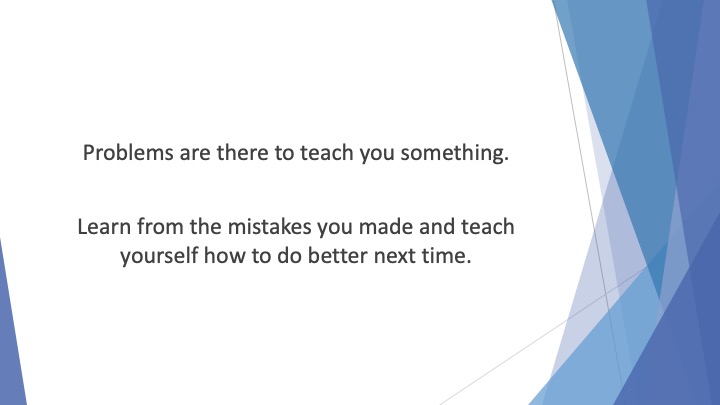
**S19 :** Keep your disaster management plan ready so that you aren’t totally thrown off by any problem you face.



**S20 :** Sometimes, one thing can ruin an entire day or week. Learn to look at the brighter picture and think of all the positive things that happened in that day. A good way to do is to keep a gratitude journal. Write in it about everything that you are grateful for.

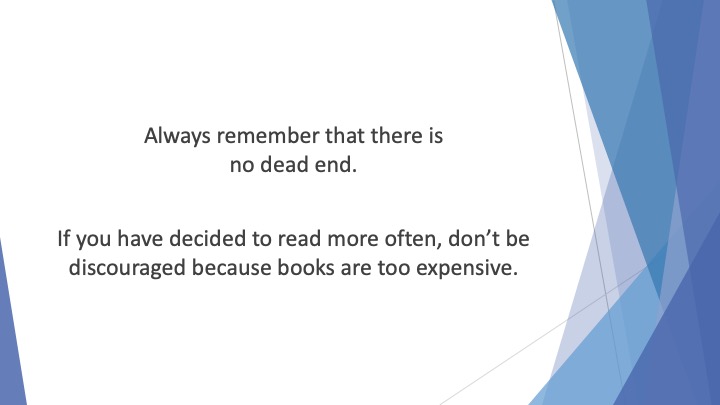
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**S21 :** So, every time you are hit with failure or a hurdle, read the journal to feel better.



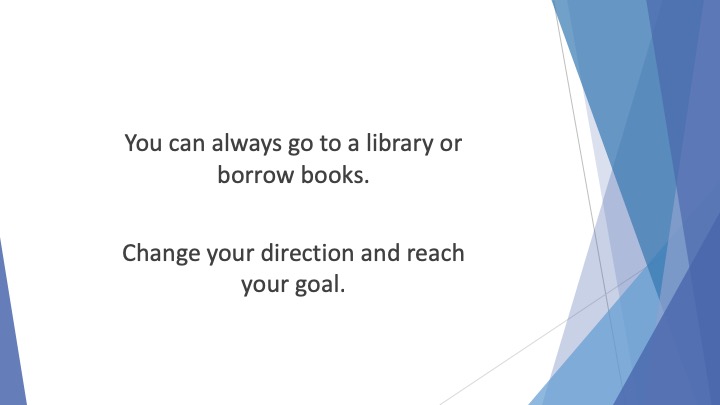
**S22 :** Problems are there to teach you something. Every problem that you face along the way will help you polish your skills and nourish your personality. Don’t lose hope just because one thing didn’t go right.

Learn from the mistakes you made and teach yourself how to do better next time. If you put your heart to a task, it can never be impossible.



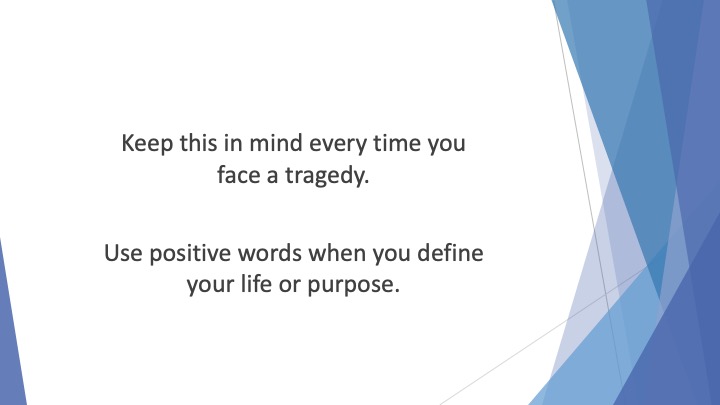
**S23 :** Always remember that there is no dead end. Sometimes, when you are trying to do something, it might not be possible to do it with the first method. There are other ways to do that thing.

If you have decided to read more often, don’t be discouraged because books are too expensive.

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**S24 :** You can always go to a library or borrow books. Also, you can read books online or get PDFs easily. So, don’t treat your money issue as a dead end.

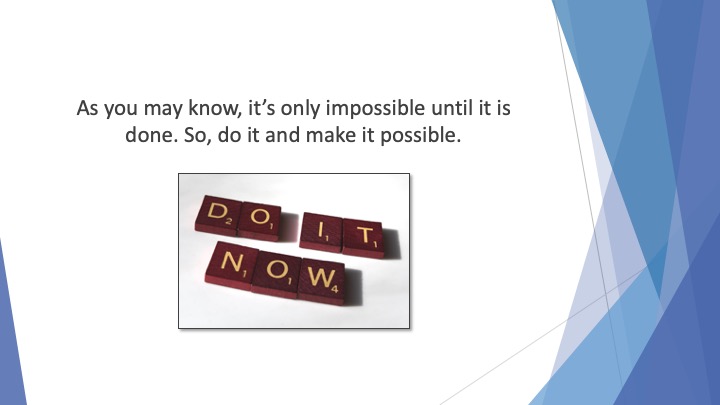
Change your direction and reach your goal. A very popular quote teaches us that nothing is impossible because the word itself says that ‘’I’m possible’’.

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**S25 :** Keep this in mind every time you face a tragedy.

It can be hard to stay positive if your environment’s filled with negativity.

Use positive words when you define your life or purpose. Spend time with people who’ll always push you forward and encourage you rather than telling you to give up after the first blow.

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**S26 :** When you’ve learned how to channel your inner energy and keep your mind positive, you realize that nothing is impossible indeed. As you may know, it’s only impossible until it is done. So, do it and make it possible.