

Proverbs says that a happy heart, shows on our face; but a broken heart weighs down our spirit. When given the choice, we'd all choose the happy face and happy heart combo. But when heart-break comes, heart-level joy isn't always easy. What we really need is Biblical joy that brings forth real hopes. Join us for our series Happy Heart, Healthy Life, where we'll learn how to nurture a happy and healthy heart one with authentic joy and transformative power!

Service Options: Sunday 9:00 & 11:00 am, Wednesday 7:00 pm
In person, or watch from home on FACEBOOK, or at MYFFC.COM
Registration to attend only required for 5th grade and under, register at myffc.com