

Meditation Gene Merkle

“The beginning of anxiety is the end of faith, and the beginning of true faith is the end of anxiety.” “The first great and primary business to which I ought to attend every day is to have my soul happy in the Lord.” **George Müller** (1805-1898)

- 1) Keep your armor on! Life is a battle, but I can be victorious! “Be strong in the Lord . . . Put on the whole armor of God so that you may be able to stand . . .” **Eph 6:10-18.**
- 2) The chief end of man: To glorify God and enjoy Him forever! How can I glorify you today?
- 3) “Bless the Lord, O my soul, and all that is within my, bless His holy name. Bless the Lord, O my soul, and forget none of His benefits.” **Psalm 103:1-2**
- 4) My life is not about me! Stop thinking about yourself. “For whoever wants to save their life will lose it, but whoever loses their life for me will save it.” **Luke 9:25**
- 5) “There has no temptation taken you but such as is common to man: but God is faithful, who will not allow you to be tempted above that you are able; but will with the temptation also make a way to escape, that you may be able to bear it.” **I Cor 10:13**
- 6) Thank God throughout the day, especially for small things. “When gratitude dies on the altar of a man’s heart, that man is well-nigh hopeless.” **Dr. Bob Jones, Sr.**
- 7) “Thy Word is a lamp unto my feet and a light unto my path.” **Psalm 119:105**
- 8) “Call to me and I will answer you and show you great and mighty things which you do not know. **Jer. 33:3 Amazing!** Just call and He will answer! He promised!
- 9) “Draw near to me and I will draw near to you.” **James 4:8** He is right there!
- 10) “Be anxious for nothing . . . and the peace of God shall keep your hearts and minds in Christ Jesus.” **Phil 4:6-7** See also **Matthew 6:25-34**
- 11) “Casting all your cares upon Him, for He cares for you” **I Peter 5:7** So, leave them with Him.
- 12) “When my anxious thoughts overwhelm me, your consolations delight my soul.” **Ps 94:19**
- 13) Most gladly therefore will I rather glory in my weaknesses, that the power of Christ may rest upon me.” **II Cor. 12:9-10**
- 14) “Faith is the assurance of things hoped for, the evidence of things not seen.” “And without faith it is impossible to please God. **Heb. 11:1,6** Lord, keep me from unbelief! I have absolutely no reason to not believe you! You are always faithful! Always!
- 15) “Is the Lord’s power limited?” **Nu 11:23** He divided the Red Sea! He raised people from the dead! It is really a small thing for you to help me, Lord!
- 16) “I can do all things through Christ who strengthens me.” **Phil 4:13**
- 17) “Count it all joy when you fall into various trials . . . endurance . . . faith” **James 1:1-8**
- 18) “The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control . . .” **Gal. 5:22**
- 19) Be filled with the Spirit—continually! All of the time! **Eph 5:18**
- 20) Love is patient and kind . . . is not provoked.” Love bears, believes, hopes and endures all things. **I Cor 13:4-7**

The Marks of a Mentor

1. Seems to have what you personally need
2. Cultivates relationships
3. Willing to take a chance on you
4. Respected by other Christians
5. Has a network of resources
6. Is consulted by others
7. Both talks and listens
8. Consistent in his lifestyle
9. Able to diagnose your needs
10. Concerned with your interests

The Marks of a Good Protégé'

1. Goal-oriented?
2. Actively seeking a challenging assignment and greater responsibilities
3. An initiator
4. Eager to learn
5. Willing to assume responsibility for his own growth and development

Taken from "Iron Sharpens Iron"

By Howard & Bill Hendricks