



Penance: Denying oneself food, drink or other necessities, or punishing oneself physically for forgiveness.

Penitence: Sorrowing unto repentance for forgiveness.

- 6 O LORD, do not rebuke me in Your anger (1a).
- 32 How blessed is he whose transgression is forgiven (1a).
- 38 My iniquities are gone over my head (4a).
- 51 Against You, You only, I have sinned. . . (4a).
- 102 Because of Your indignation and Your wrath,  
for You have lifted me up and cast me away (10).
- 130 If You, LORD, should mark iniquities,  
O Lord, who could stand (3)?
- 143 In Your sight no man living is righteous (2a).

**Psalm 32:1-2 How blessed is he whose transgression is forgiven. Whose sin is covered. How blessed is the man to whom the LORD does not impute iniquity, and in whose spirit there is no guile.**

**Romans 4:7, 8**

**Psalm 51:4b So that you may be justified when you speak, and blameless when You judge.**

**Romans 3:4**

**Psalm 102:25-27** Of old You founded the earth,  
and the heavens are the work of Your hands.  
Even they will perish, but You endure; and all of  
them will wear out like a garment; like clothing  
You will change them and they will be changed.  
But You are the same, and Your years will not  
come to an end.

**Hebrews 1:10-12**

6 *O LORD, do not rebuke me in Your anger (1a).*  
32 *How blessed is he whose transgression is forgiven (1a).*  
38 *My iniquities are gone over my head (4a).*

51 *Against You, You only, I have sinned. . . (4a).*  
102 *Because of Your indignation and Your wrath,  
for You have lifted me up and cast me away (10).*  
130 *If You, LORD, should mark iniquities,  
O Lord, who could stand (3)?*  
143 *In Your sight no man living is righteous (2a).*

## Psalm 6 The Deepest Possible Anxiety

O LORD, do not rebuke me in Your anger,  
Nor chasten me in Your wrath (1).



## **Psalm 6 The Deepest Possible Anxiety**

## **Psalm 32 The Blessedness After Confession/Forgiv.**

**How blessed is he whose transgression is forgiven. Whose sin is covered.**

**How blessed is the man to whom the LORD does not impute iniquity, and in whose spirit there is no guile (1-2).**

**Psalm 6 The Deepest Possible Anxiety**

**Psalm 32 The Blessedness After Confession/Forgiv.**

**Psalm 38?**

# Psalm 38?

David's prayer

for deliverance

from his enemies

and from the Lord

because of his

iniquities

and his guilt

and his sin

and his iniquity

and his guilt

and his sin

and his iniquity

## Psalm 38?

Deepest possible anxiety (1)

## Psalm 38?

Deepest possible anxiety (1)

Physical effects of sin (2, 3, 4, 5, 6, 7, 8, 9, 10, 11)

## Psalm 38?

Deepest possible anxiety (1)

Physical effects of sin (2, 3, 4, 5, 6, 7, 8, 9, 10, 11,

Responses of others (11, 12)

## Psalm 38?

Deepest possible anxiety (1)

Physical effects of sin (2, 3, 4, 5, 6, 7, 8, 9, 10, 11,

Responses of others (11, 12

His responses (13, 14)

## Psalm 38?

Deepest possible anxiety (1)

Physical effects of sin (2, 3, 4, 5, 6, 7, 8, 9, 10, 11,

Responses of others (11, 12

His responses (13, 14)

His confidence in the LORD (15-20)



## Psalm 38?

Deepest possible anxiety (1)

Physical effects of sin (2, 3, 4, 5, 6, 7, 8, 9, 10, 11,  
17, 18)

Responses of others (11, 12, 16)

His responses (13, 14)

His confidence in the LORD (15-20)

## Psalm 38?

Deepest possible anxiety (1)

Physical effects of sin (2, 3, 4, 5, 6, 7, 8, 9, 10, 11,  
17, 18)

Responses of others (11, 12)

His responses (13, 14)

His confidence in the LORD (15-20)

His pleas for deliverance (21, 22)

## Psalm 38?

What does the bulk of the content concern?

## Psalm 38?

What does the bulk of the content concern?

12/22 vv concern the physical afflictions exper.

## Psalm 38?

What does the bulk of the content concern?

12/22 vv concern the physical afflictions exper.

What is he doing with these experiences?

## Psalm 38?

What does the bulk of the content concern?

12/22 vv concern the physical afflictions exper.

What is he doing with these experiences?

Pleading them as reasons for the LORD . . .

## Psalm 38 Pleading Chastisement's Afflictions

What does the bulk of the content concern?

12/22 vv concern the physical afflictions exper.

What is he doing with these experiences?

Pleading them as reasons for the LORD . . .

# Applications: Within the context of Book I



**Applications: Within the context of Book I**

**Preserv. does not prevent our sinning grievously.**

## **Applications: Within the context of Book I**

**Preserv. does not prevent our sinning grievously.**

**Preserv. does not exempt our suffering severe  
consequences for our sinning.**

## **Applications: Within the context of Book I**

**Preserv. does not prevent our sinning grievously.**

**Preserv. does not exempt our suffering severe  
consequences for our sinning.**

**Though we suffer severely, we may pray confid.**

## **Applications: Within the context of Book I**

**Preserv. does not prevent our sinning grievously.**

**Preserv. does not exempt our suffering severe  
consequences for our sinning.**

**Though we suffer severely, we may pray confid.**

**Preserv. is dependent, in part, on penitence.**

**The one thing which God hates is sin. It grieves and provokes Him, and He will destroy it. The one thing that makes man unhappy is sin.**

**The one thing which God hates is sin. It grieves and provokes Him, and He will destroy it. The one thing that makes man unhappy is sin.**

**The one thing which Jesus had to give His blood for was sin. In all the communication between the sinner and God, this is the first thing which the sinner must bring to his God—sin.**

**When you first came to Jesus, you perceived this in some measure. But you should learn to understand this lesson more deeply. The one counsel concerning sin is—bring it daily to the only One who can take it away, God Himself. You should learn that one of the greatest privileges of a child of God is the confession of sin.**

**It is only the holiness of God that can consume sin. Through confession I must hand over my sin to God, lay it down in God, and get God's acquittal of it. I must cast it into the fiery oven of God's holy love which burns against sin like a fire. God, yes, God Himself, and He alone, takes away sin.**

**--Andrew Murray**

***The Believer's New Life, 47***



# Psalm 38?

Title:

## Psalm 38?

Title: *to bring to remembrance*

For God to remember, and act?

For David to remember, and fear?

For all of God's people to remember and  
fear.

## **Applications: Within the context of Book I**

**Preserv. does not prevent our sinning grievously.**

**Preserv. does not exempt our suffering severe  
consequences for our sinning.**

**Though we suffer severely, we may pray confid.**

**Preserv. is dependent, in part, on penitence.**

**Let us always remember the severity of  
chastening.**

