

THE BOOK OF  
**PSALMS**

*The happiness of the godly*

*Righteousness is the man that walketh  
with the Lord, and he shall be  
blessed in the way of his life,  
and he shall see the fruit of his  
righteousness, and shall not be  
confounded.*

12 Kiss the Son, lest he be angry  
from the way, when his wrath is kindled  
Blessed are all they that put their

*The security of God's*

3 LORD, how are they increased  
many are they that rise up  
to many there be which

*There is a  
Gateway  
into Psalms*

Psalm One &  
Psalm Two





# *Coaching in Using: Psalms 3-5*





*There is a  
Gateway  
into Psalms*

Psalm One &  
Psalm Two







# *Coaching in Using: Psalms 3-5*



# 24 hours in the life of a righteous man

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- Ps 3 morning (v 5)
- Ps 4 evening (v 8)
- Ps 5 morning (v 3)





## *Coaching in Using: Psalms 3-5*

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**What is the first thing we're being coached to do in the Book of Psalms?**



# *Coaching in Using: Psalms 3-5*

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**I Taking Refuge (2:12).**



## *Coaching in Using: Psalms 3-5*

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**I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**



## *Coaching in Using: Psalms 3-5*

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### **I Taking Refuge (2:12).**

- A. The way to sum up the responses in 2:11-12.**
- B. What is being modeled for us in Psalms 3-5.**



## *Coaching in Using: Psalms 3-5*

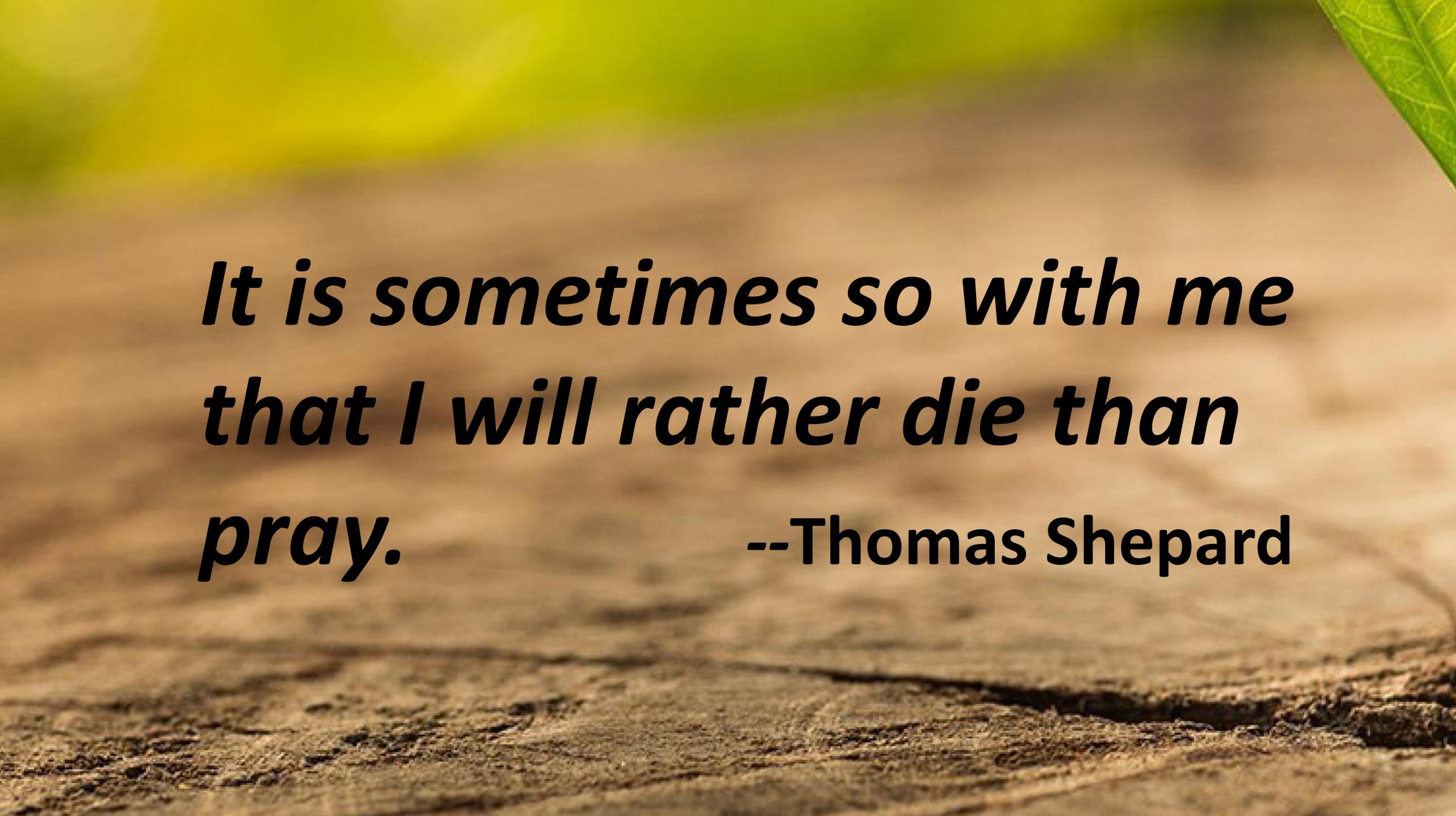
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**I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**

**B. What is being modeled for us in Psalms 3-5.**

**II To *Take Refuge* Is To Pray (3:1; 4:1; 5:1).**



***It is sometimes so with me  
that I will rather die than  
pray.***

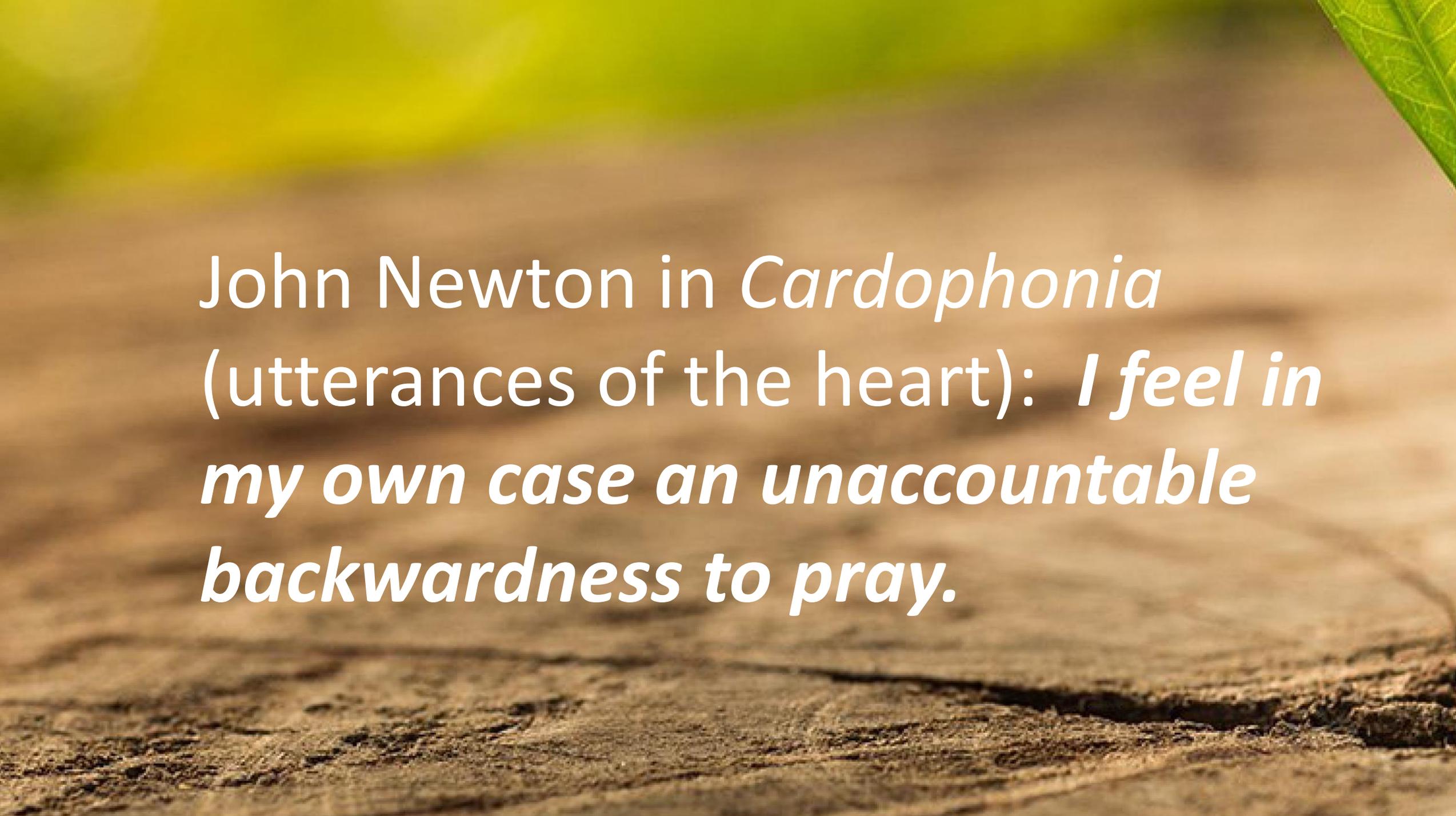
**--Thomas Shepard**

A close-up photograph of a tree trunk with a green leaf in the top right corner. The tree trunk is the central focus, showing its rough, textured bark with several deep, horizontal cracks. The background is a soft, out-of-focus green, suggesting a forest or garden setting. The lighting is warm and natural, highlighting the textures of the bark and the vibrant green of the leaf.

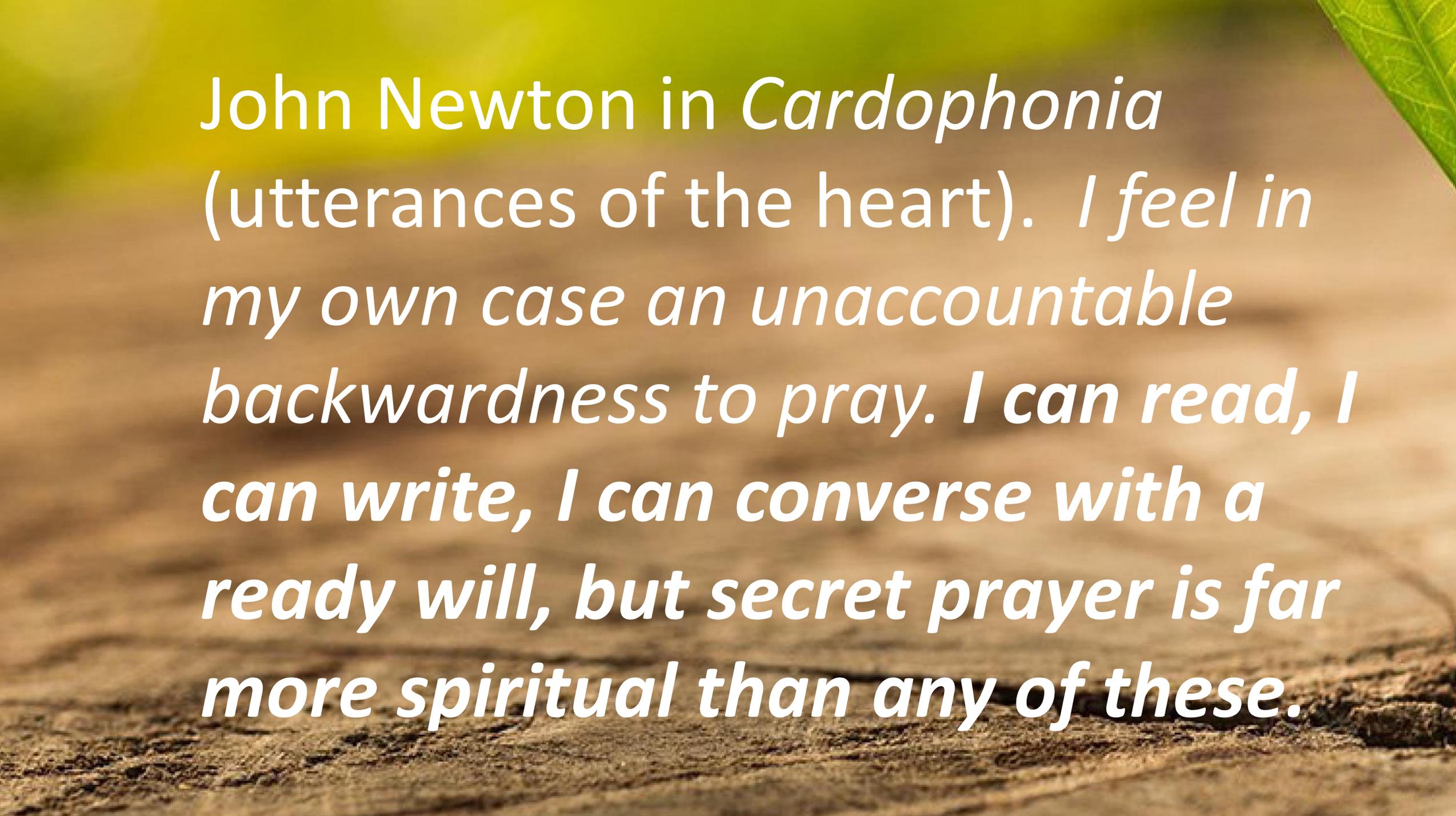
# John Newton in *Cardophonia*

A close-up photograph of a tree trunk with a green leaf in the top right corner. The tree bark is textured and brown, with a prominent crack running across the lower half. The background is a soft, out-of-focus green and yellow, suggesting sunlight filtering through leaves.

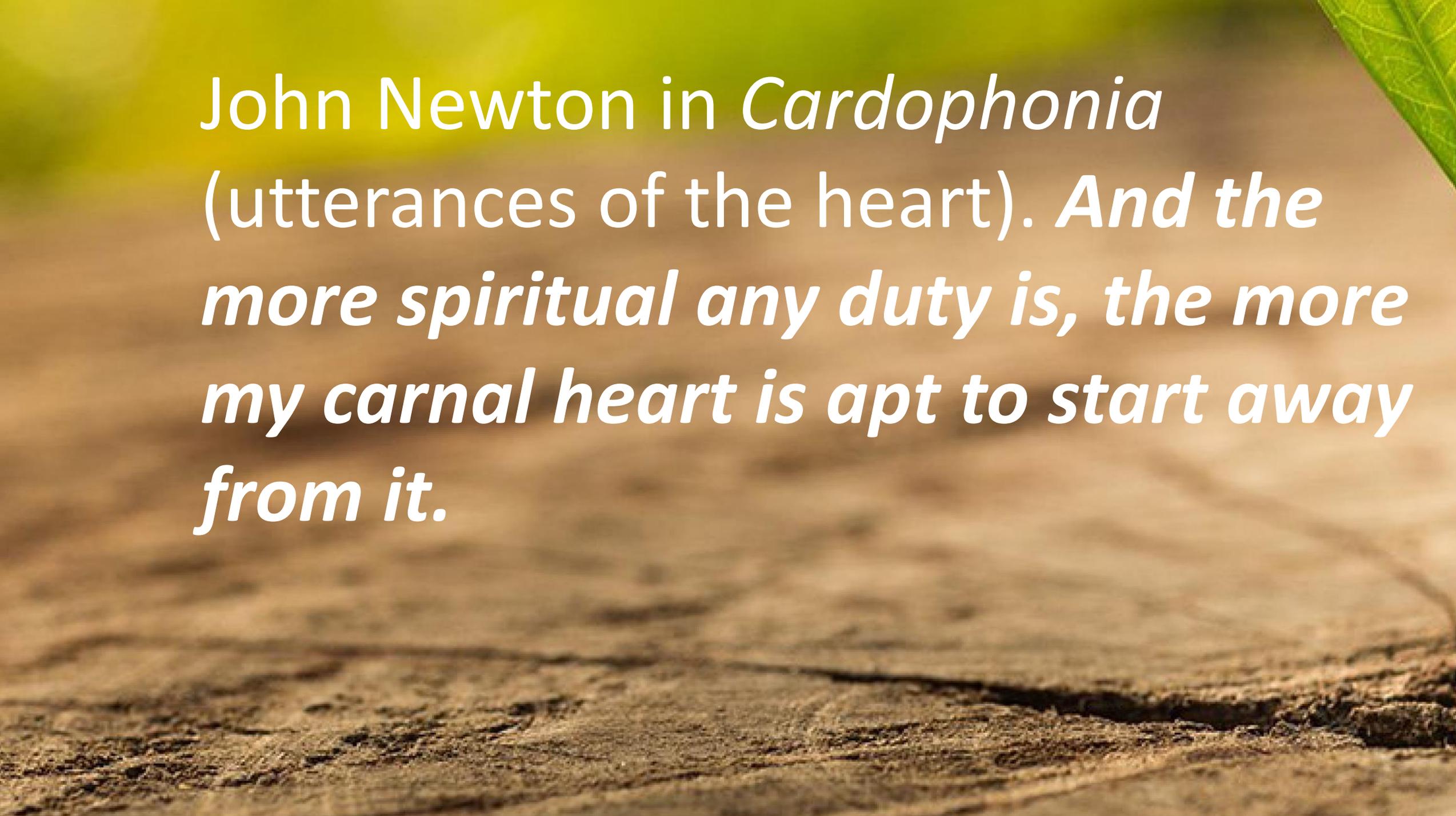
**John Newton in *Cardophonia*  
(utterances of the heart):**



John Newton in *Cardophonia*  
(utterances of the heart): ***I feel in  
my own case an unaccountable  
backwardness to pray.***



John Newton in *Cardophonia*  
(utterances of the heart). *I feel in  
my own case an unaccountable  
backwardness to pray. I can read, I  
can write, I can converse with a  
ready will, but secret prayer is far  
more spiritual than any of these.*

A close-up photograph of a tree trunk with a green leaf in the top right corner. The text is overlaid on the image.

John Newton in *Cardophonia*  
(utterances of the heart). ***And the more spiritual any duty is, the more my carnal heart is apt to start away from it.***



## *Coaching in Using Psalms 3-5*

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### **I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**

**B. What is being modeled for us in Psalms 3-5.**

### **II To *Take Refuge* Is To Pray (3:1; 4:1; 5:1).**



## *Coaching in Using Psalms 3-5*

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**I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**

**B. What is being modeled for us in Psalms 3-5.**

**II To *Take Refuge* Is To Pray (3:1; 4:1; 5:1).**

**III To *Take Refuge* by Praying is to Pray About  
What?**



**What is David praying for?**

**4:1**

**5:1-2**



**What is David praying for?**

**4:1**

**5:1-2**

**To be HEARD!**



**What is David praying for?**

**4:1**

**5:1-2**

**To be HEARD!**

**To what does he testify about being heard?**

**3:4; 4:3**





## *Coaching in Using: Psalms 3-5*

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### **I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**

**B. What is being modeled for us in Psalms 3-5.**

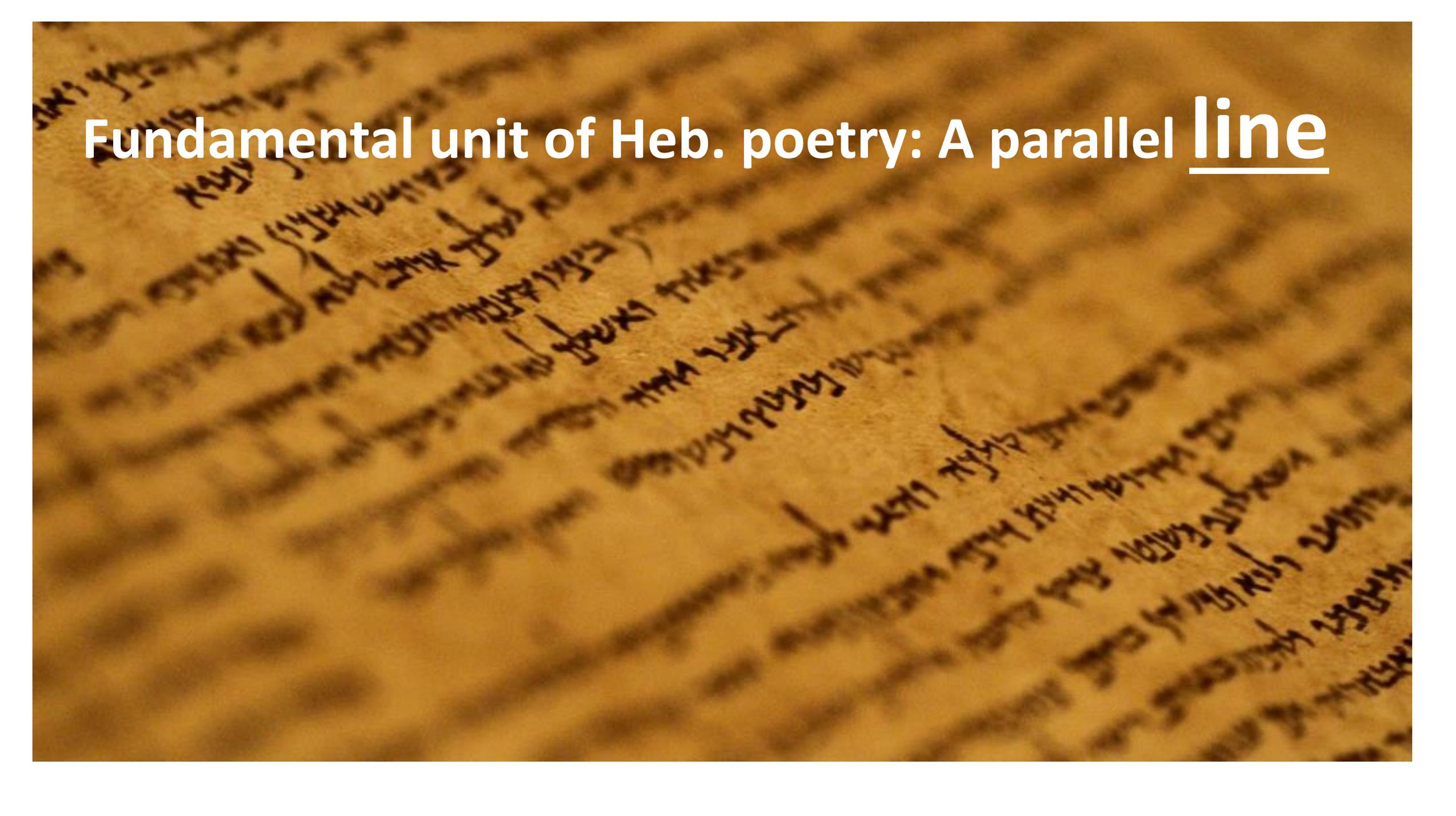
### **II To *Take Refuge* Is To Pray (3:1; 4:1; 5:1).**

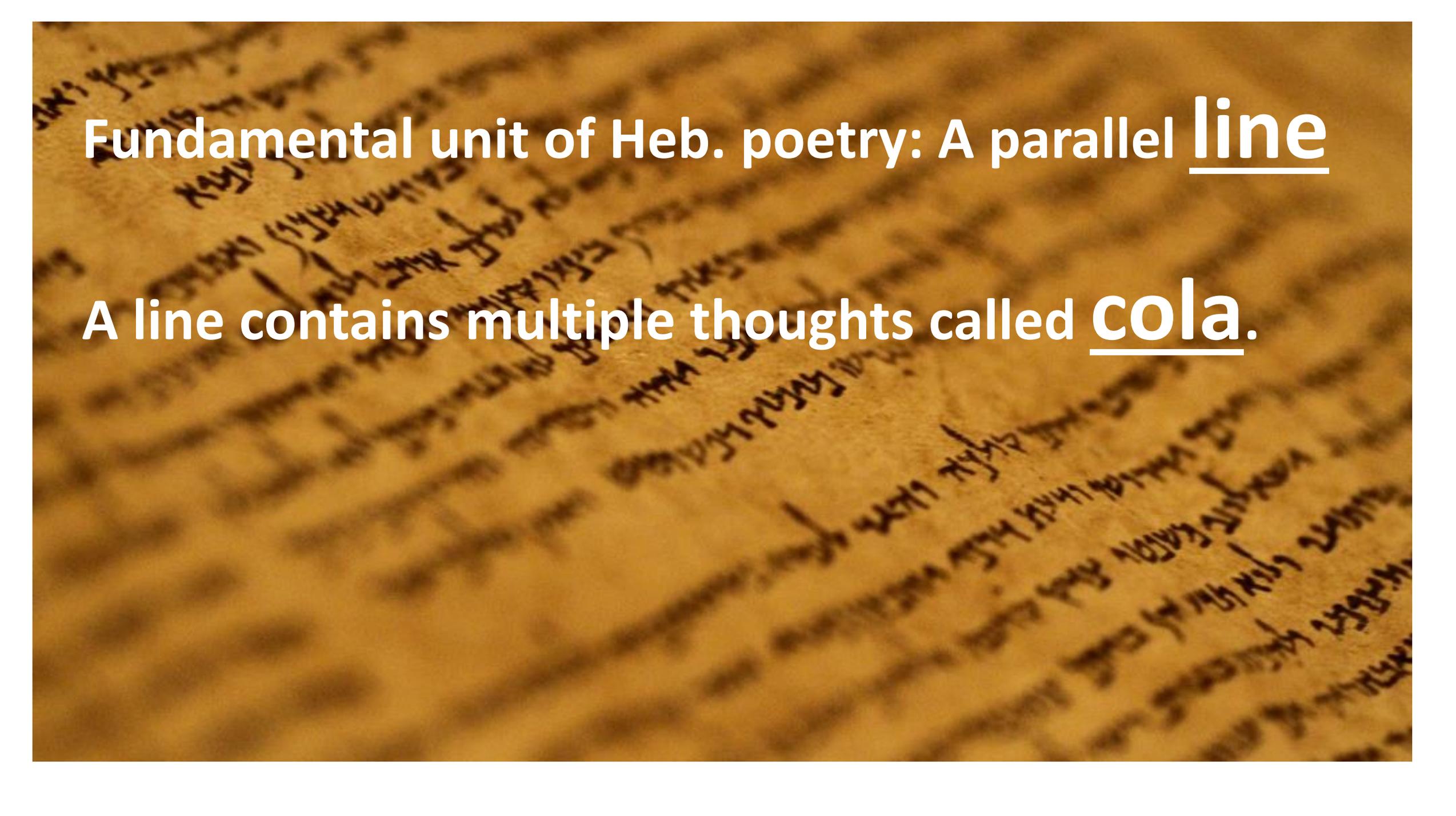
**A. To be heard (4:1; 5:1-2).**

**B.**



Fundamental unit of Heb. poetry: A parallel line

The background of the slide is a photograph of an ancient Hebrew manuscript. The text is written in a cursive script on aged, yellowish paper. The lines of text are slightly blurred, creating a sense of depth and historical texture. The overall tone is warm and scholarly.



Fundamental unit of Heb. poetry: A parallel line

A line contains multiple thoughts called cola.

Fundamental unit of Heb. poetry: A parallel line

A line contains multiple thoughts called cola.

3:8 Salvation belongs to the LORD;  
your blessing be on your people!

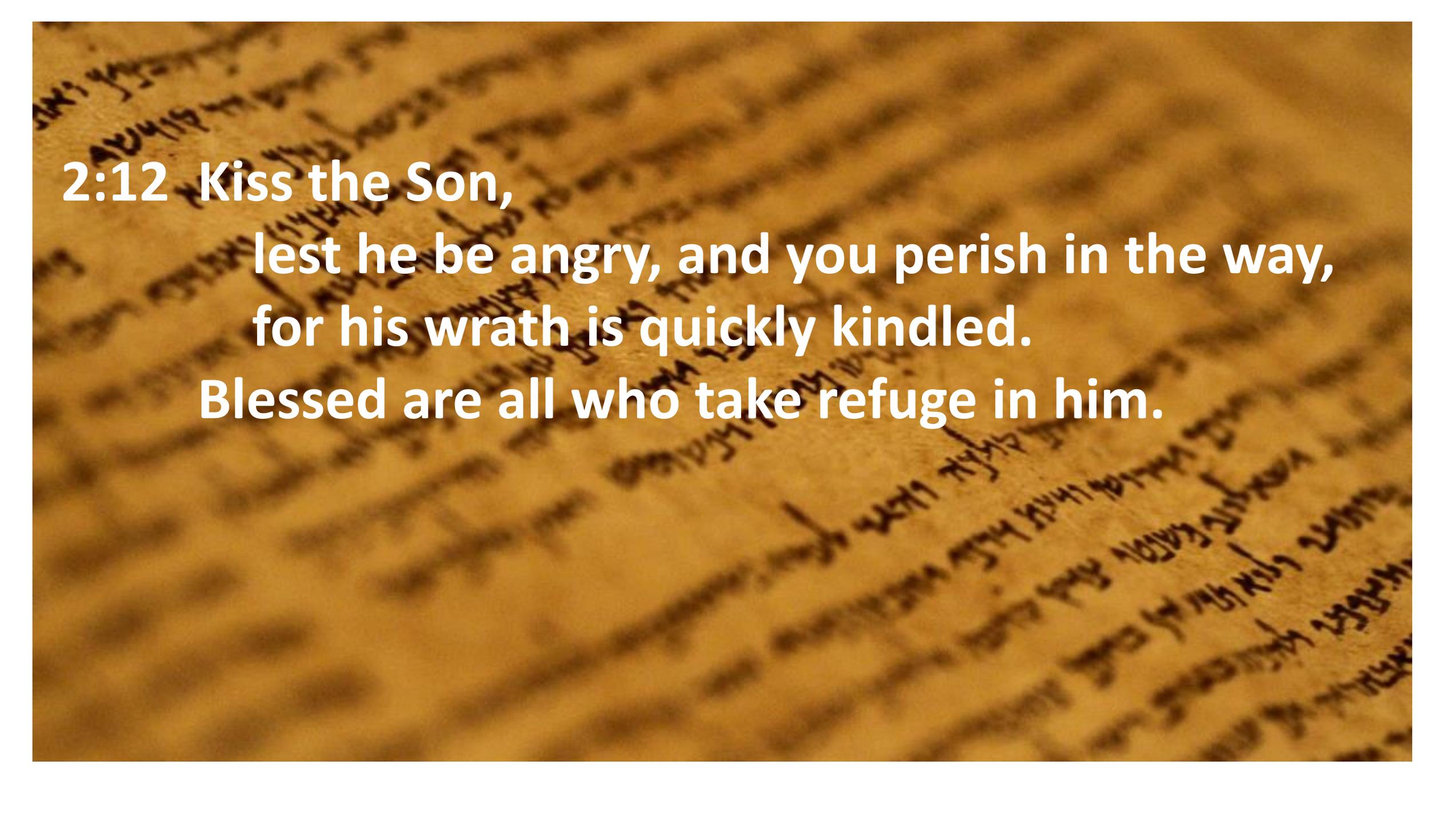
Fundamental unit of Heb. poetry: A parallel line

A line contains multiple thoughts called cola.

**3:7 Arise, O LORD!**

**Save me, O my God!**

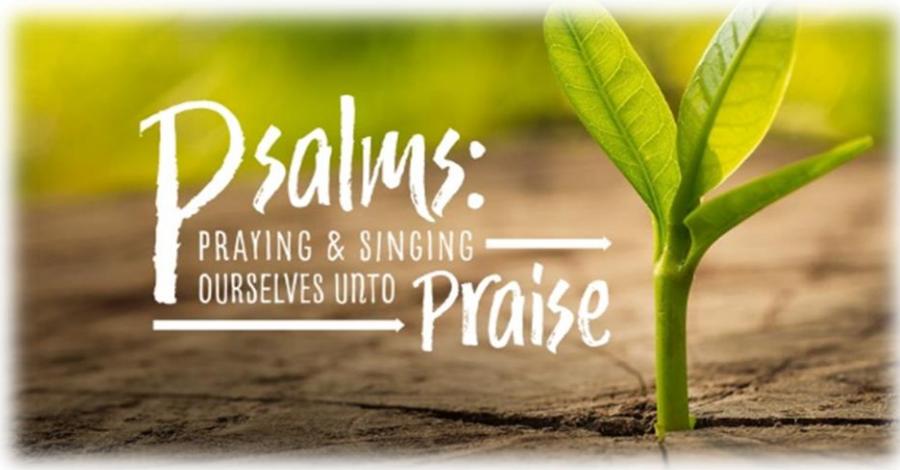
**For you strike all my enemies on the cheek;  
you break the teeth of the wicked.**



**2:12 Kiss the Son,**

**lest he be angry, and you perish in the way,  
for his wrath is quickly kindled.**

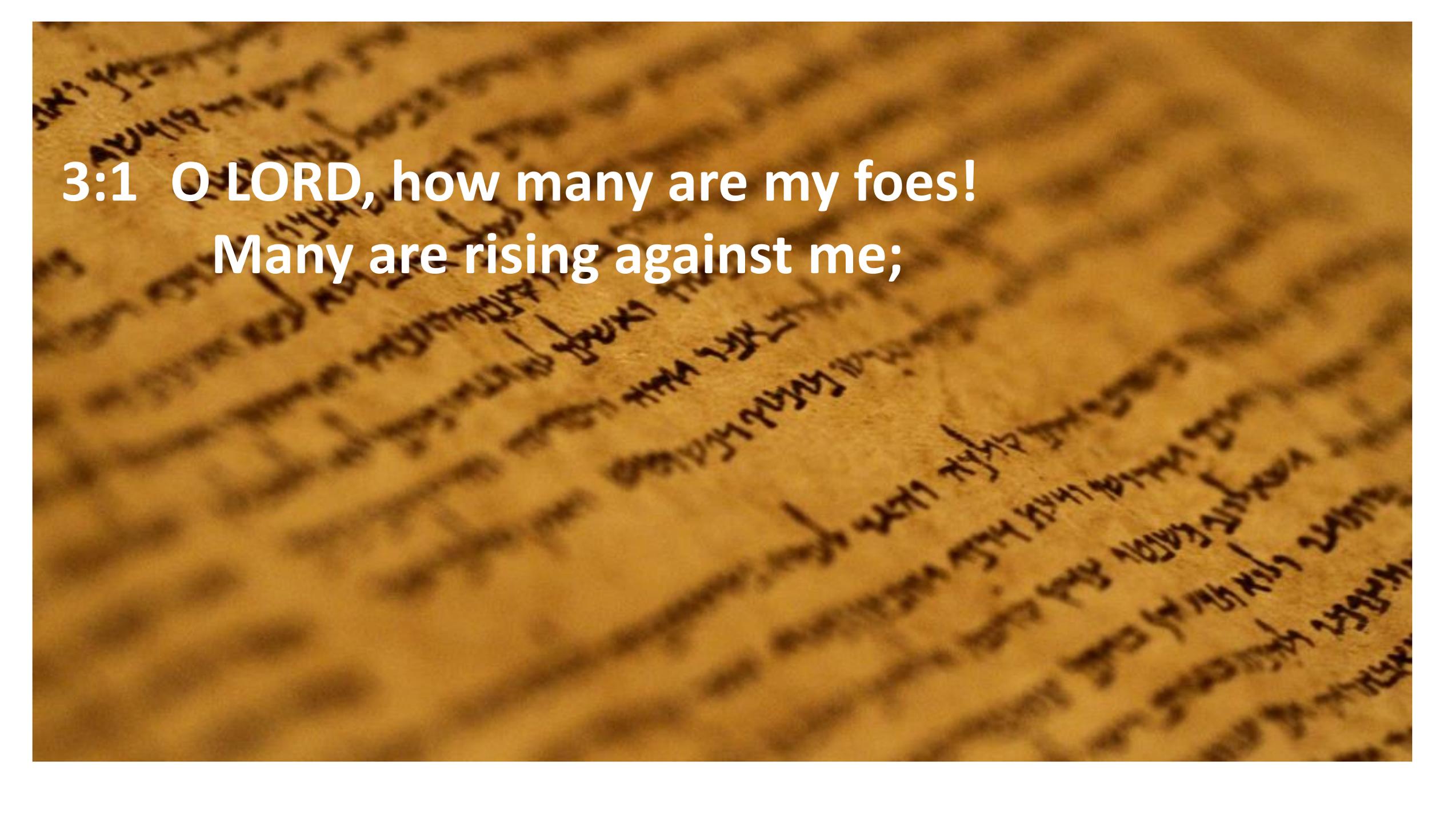
**Blessed are all who take refuge in him.**



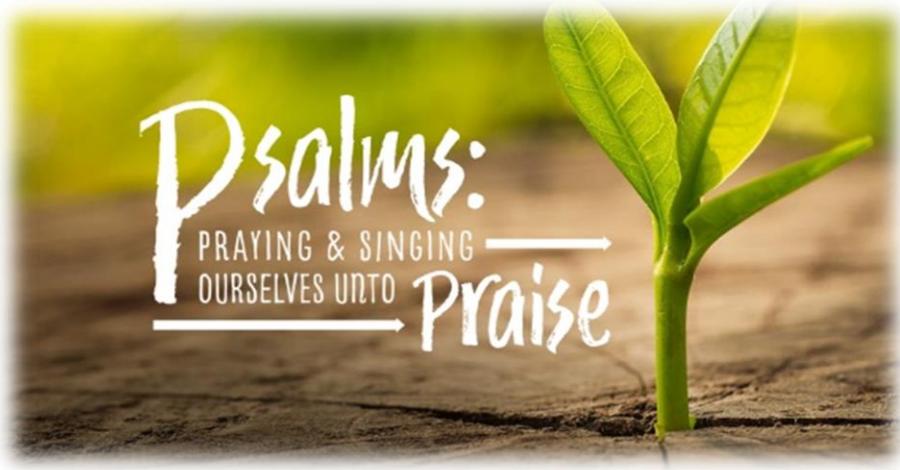
# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**





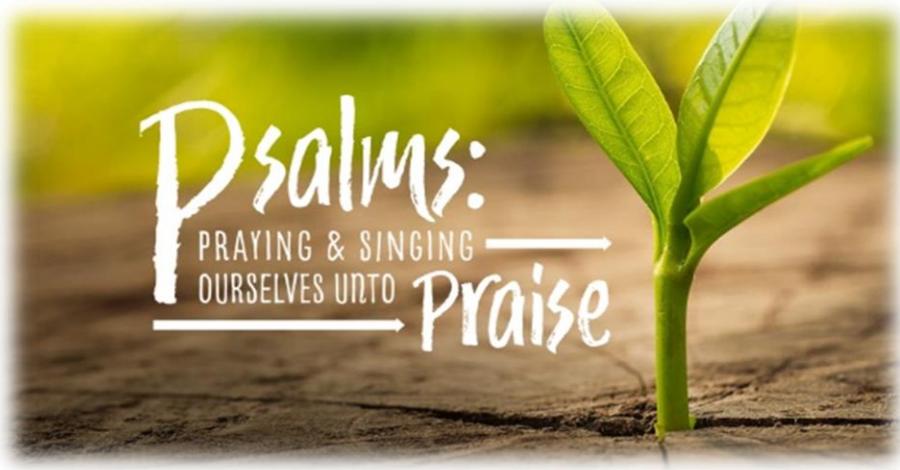
**3:1 O LORD, how many are my foes!  
Many are rising against me;**



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

**3:1**   **1**   **1**   **Foes**  
**2**   **Foes**

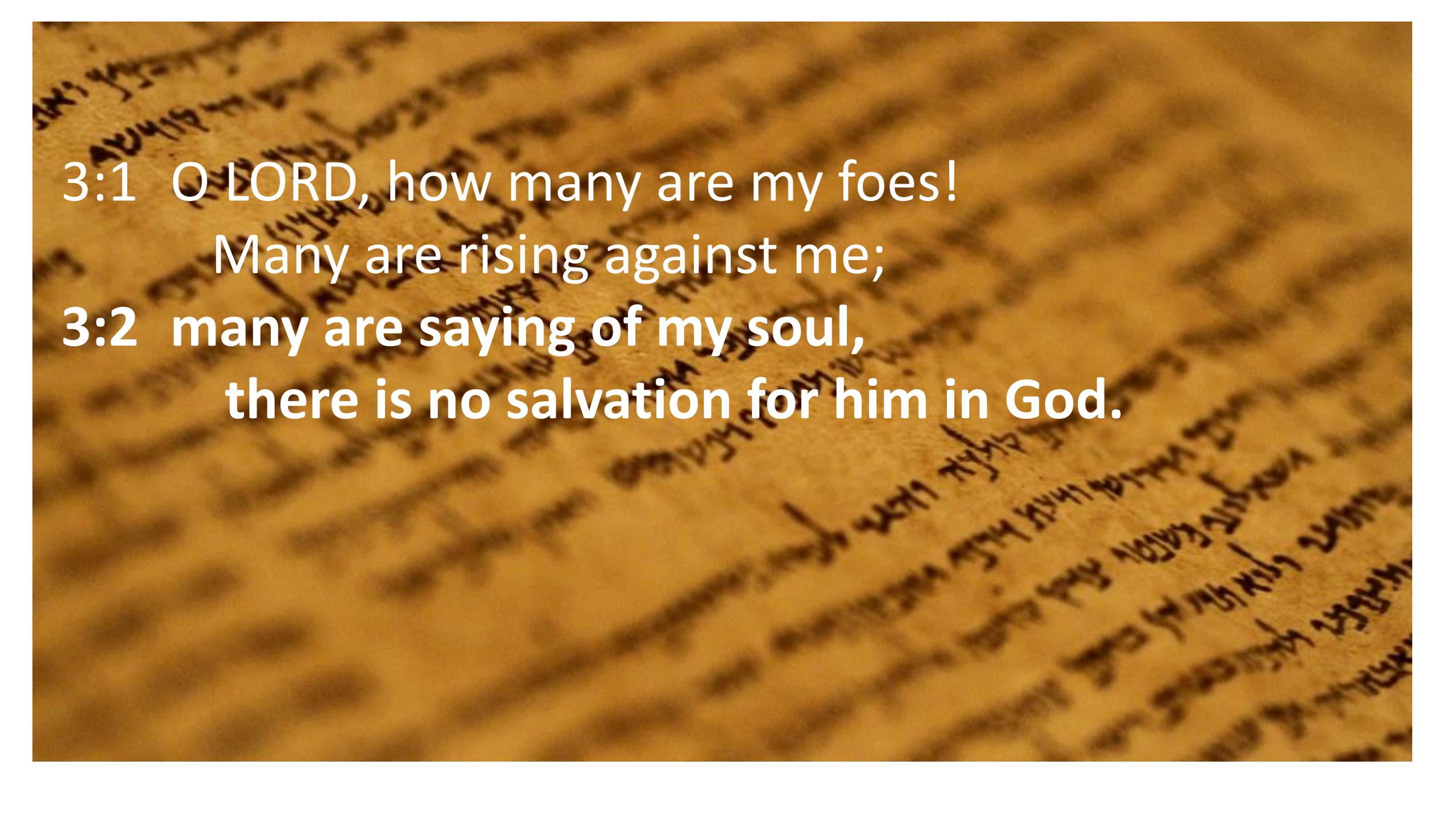


# Psalm 3 Worksheet

<u>V</u>	<u>Line</u>	<u>Colon</u>	<u>Subject</u>	<u>Genre</u>
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<b>3:1</b>	<b>1</b>	<b>1</b>	<b>Foes</b>	
		<b>2</b>	<b>Foes</b>	

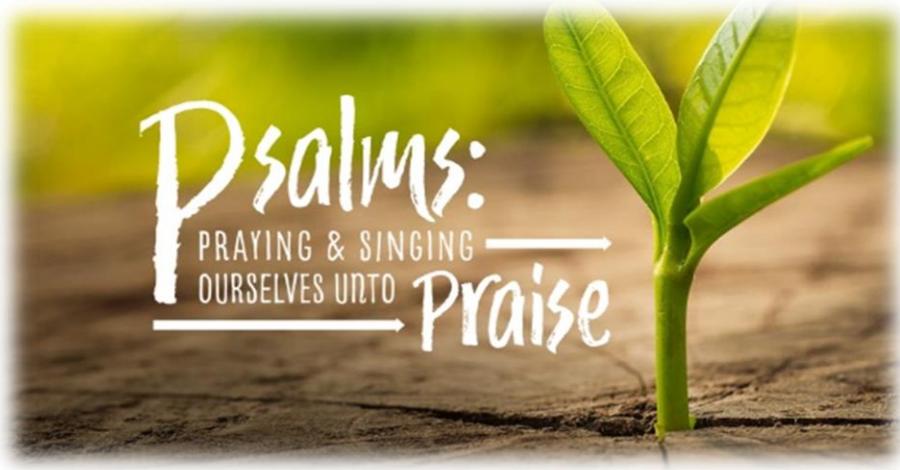
**3:2**



3:1 O LORD, how many are my foes!

Many are rising against me;

**3:2 many are saying of my soul,  
there is no salvation for him in God.**



# Psalm 3 Worksheet

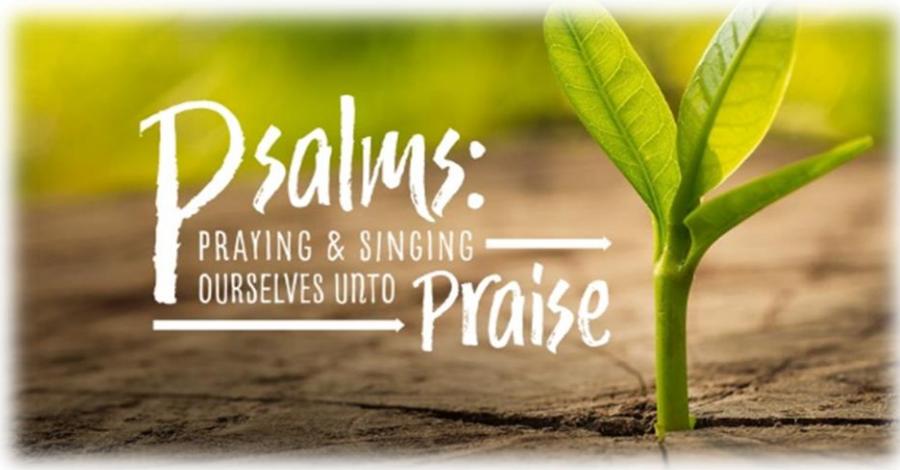
**V**   **Line**   **Colon**   **Subject**   **Genre**

**3:1**   **1**   **1**   **Foes**

**2**   **Foes**

**3:2**   **2**   **3**   **Foes**

**4**   **Foes**



# Psalm 3 Worksheet

V Line Colon Subject Genre

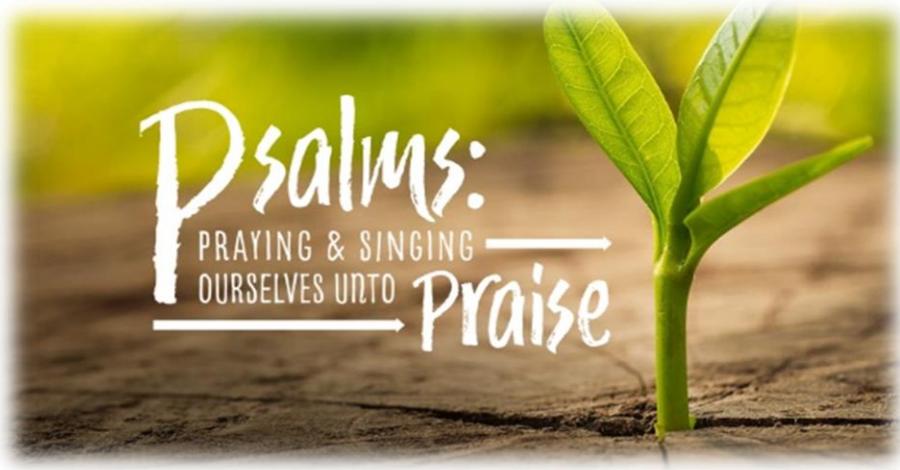
**3:3**

3:1 O LORD, how many are my foes!

Many are rising against me;

3:2 many are saying of my soul,  
there is no salvation for him in God.

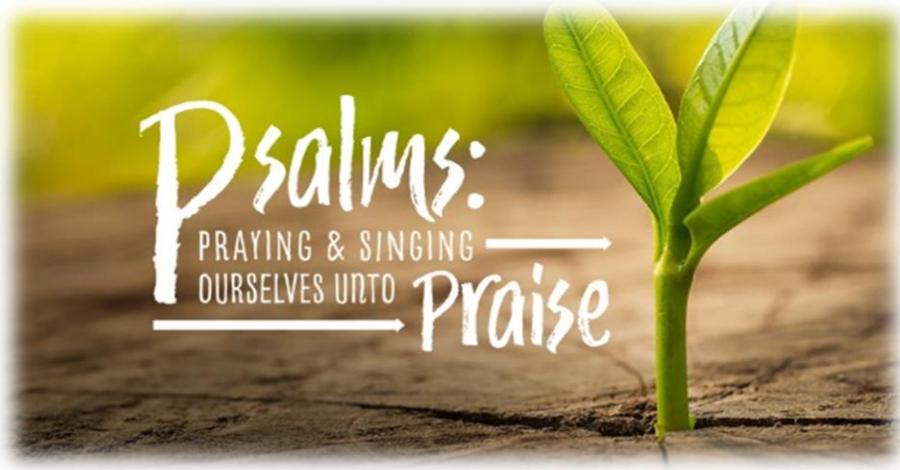
3:3 But you, O LORD, are a shield about me,  
my glory, and the lifter of my head.



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

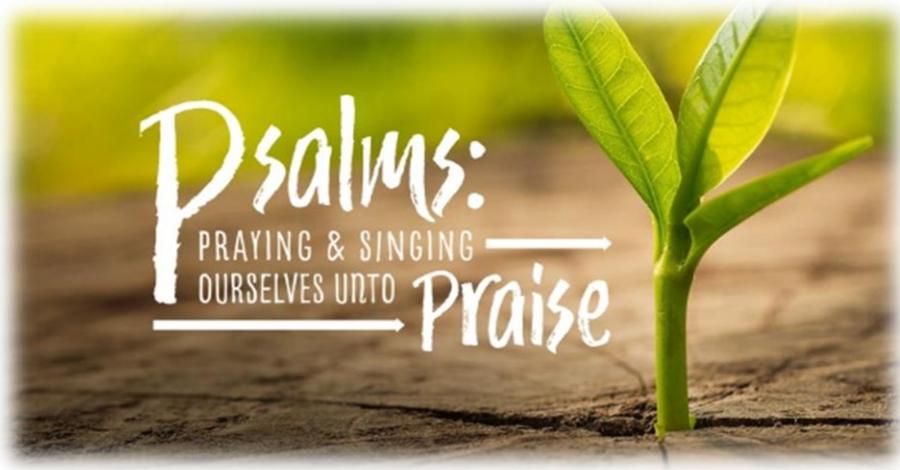
**3:3**   **3**   **5**   **the LORD**



# Psalm 3 Worksheet

V   Line   Colon   Subject   Genre

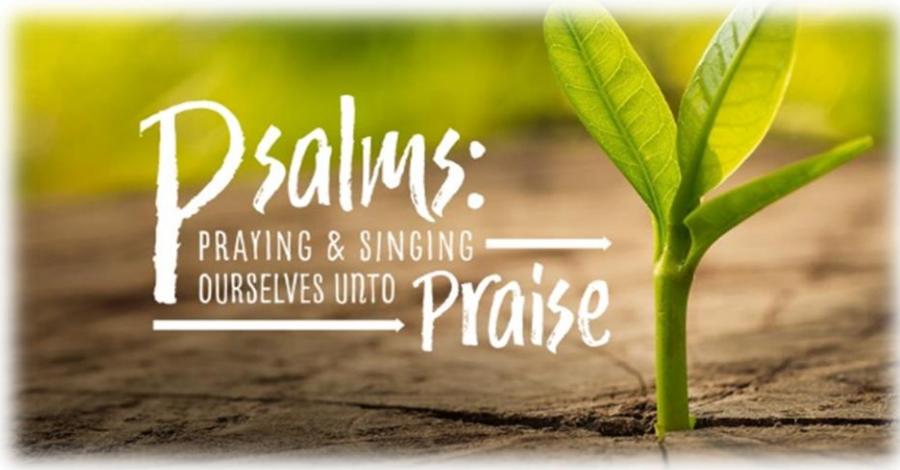
**3:3**   **3**   **5**   **the LORD**   **Assertional**



# Psalm 3 Worksheet

V   Line   Colon   Subject   Genre

<b>3:3</b>	<b>3</b>	<b>5</b>	<b>the LORD</b>	<b>Assertional</b>
		<b>6</b>	<b>the LORD</b>	<b>?</b>



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

<b>3:3</b>	<b>3</b>	<b>5</b>	<b>the LORD</b>	<b>Assertional</b>
		<b>6</b>	<b>the LORD</b>	<b>Assertional</b>

3:1 O LORD, how many are my foes!

Many are rising against me;

3:2 many are saying of my soul,

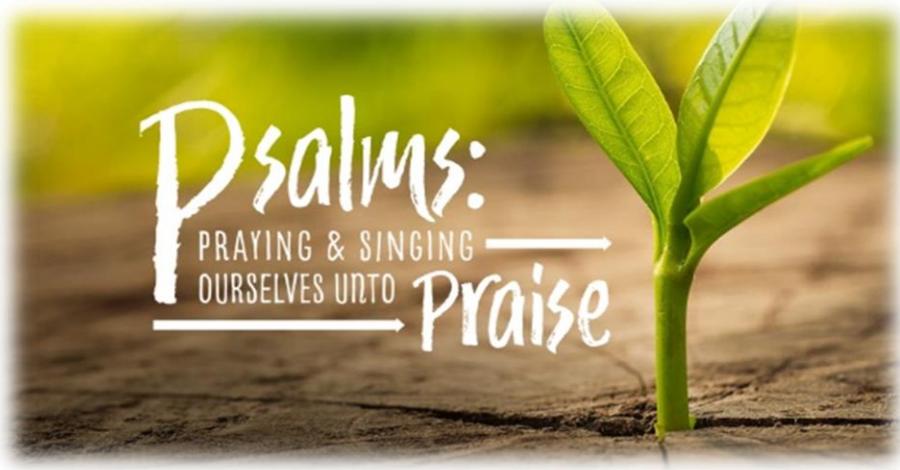
there is no salvation for him in God.

3:3 But you, O LORD, are a shield about me,

my glory, and the lifter of my head.

3:4 I cried aloud to the LORD,

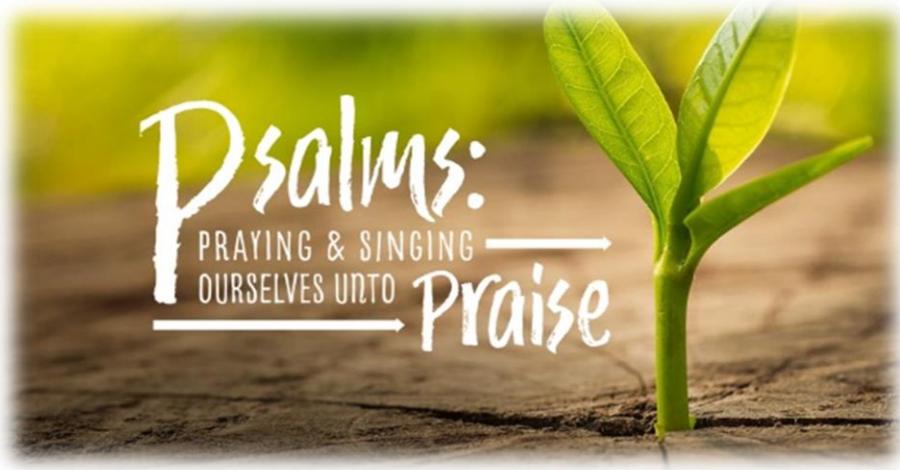
and he answered me from his holy hill.



# Psalm 3 Worksheet

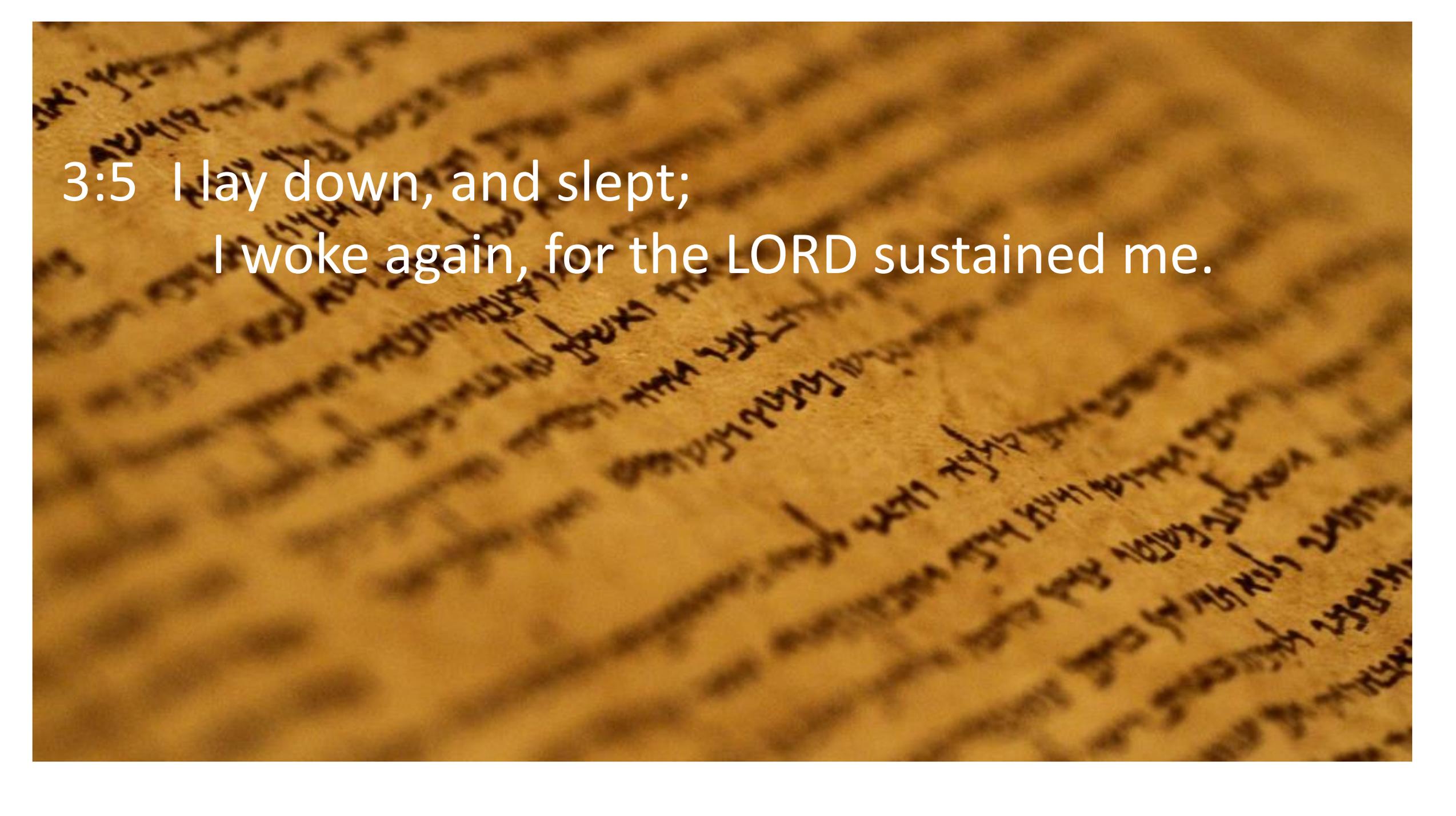
**V**   **Line**   **Colon**   **Subject**   **Genre**

<b>3:3</b>	<b>3</b>	<b>5</b>	<b>the LORD</b>	<b>Assertional</b>
		<b>6</b>	<b>the LORD</b>	<b>Assertional</b>
<b>3:4</b>	<b>4</b>	<b>7</b>	<b>David</b>	
		<b>8</b>	<b>the LORD</b>	<b>?</b>

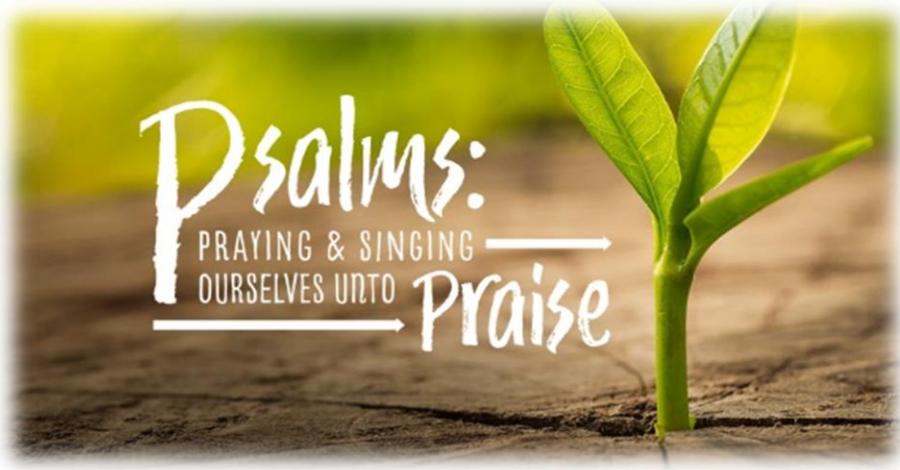


# Psalm 3 Worksheet

<u>V</u>	<u>Line</u>	<u>Colon</u>	<u>Subject</u>	<u>Genre</u>
3:3	3	5	the LORD	Assertional
		6	the LORD	Assertional
3:4	4	7	David	
		8	the LORD	Actional



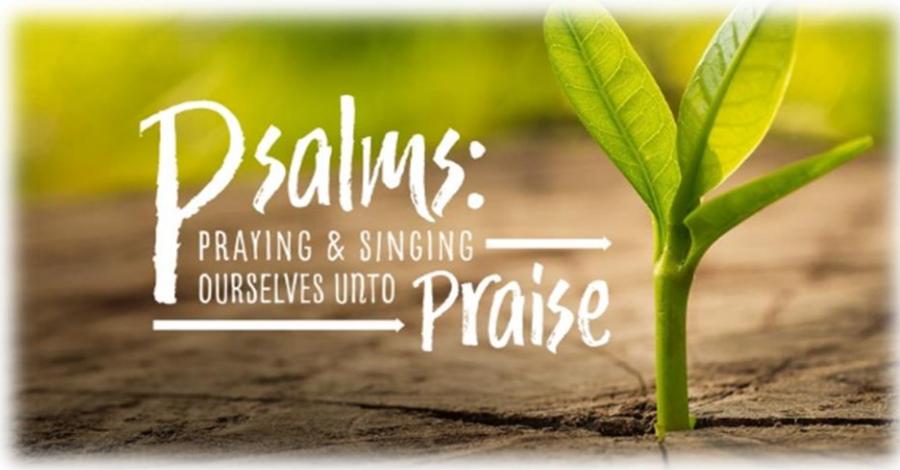
3:5 I lay down, and slept;  
I woke again, for the LORD sustained me.



# Psalm 3 Worksheet

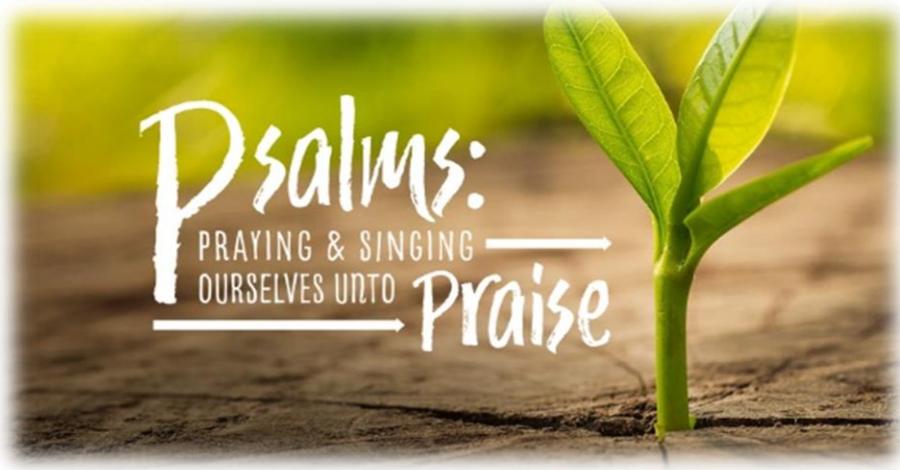
**V**   **Line**   **Colon**   **Subject**   **Genre**

<b>3:5</b>	<b>5</b>	<b>9</b>	<b>David</b>	
		<b>10</b>	<b>David/the LORD</b>	<b>?</b>



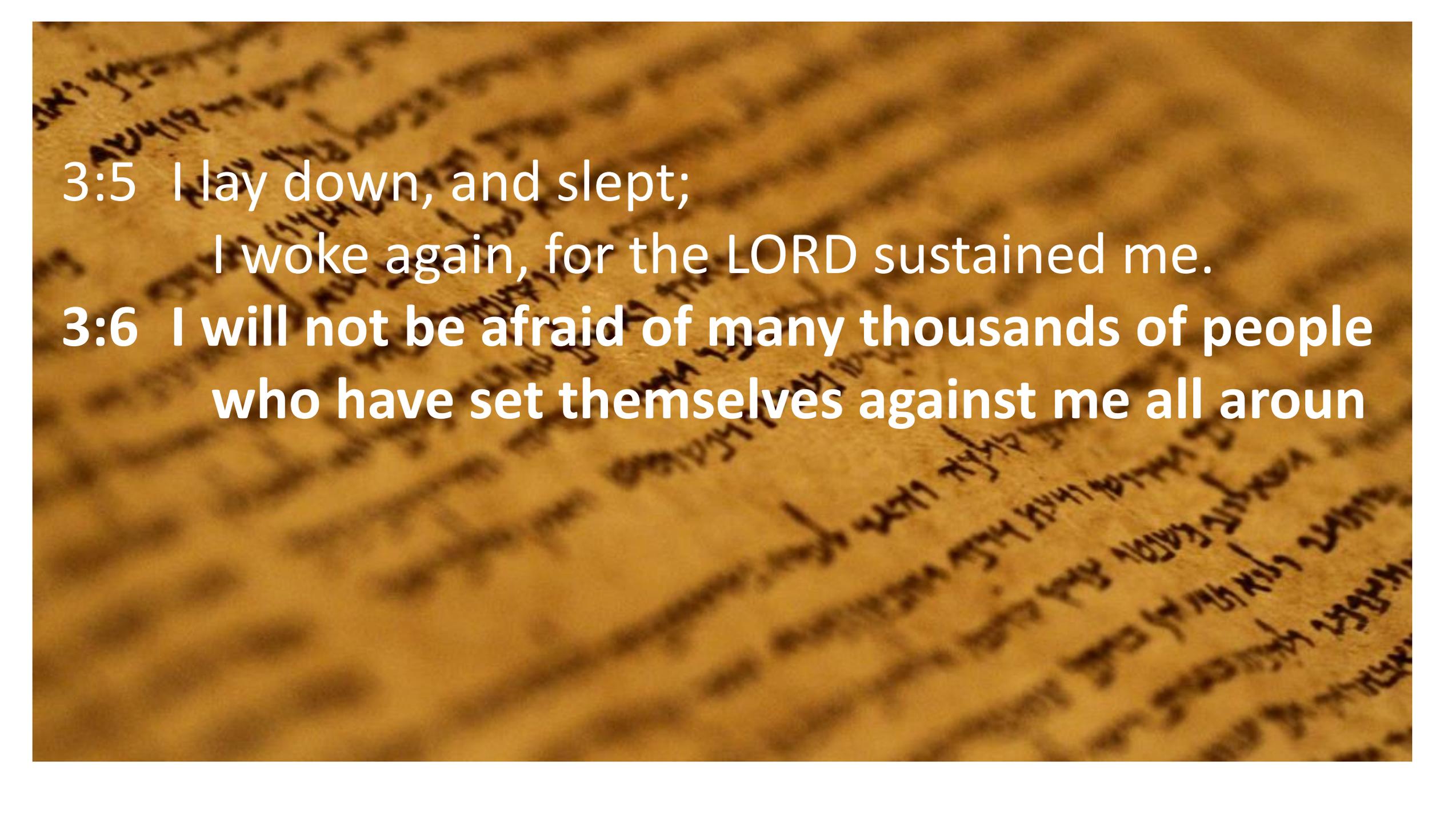
# Psalm 3 Worksheet

<u>V</u>	<u>Line</u>	<u>Colon</u>	<u>Subject</u>	<u>Genre</u>
3:5	5	9	David	
		10	David/the LORD	Actional



# Psalm 3 Worksheet

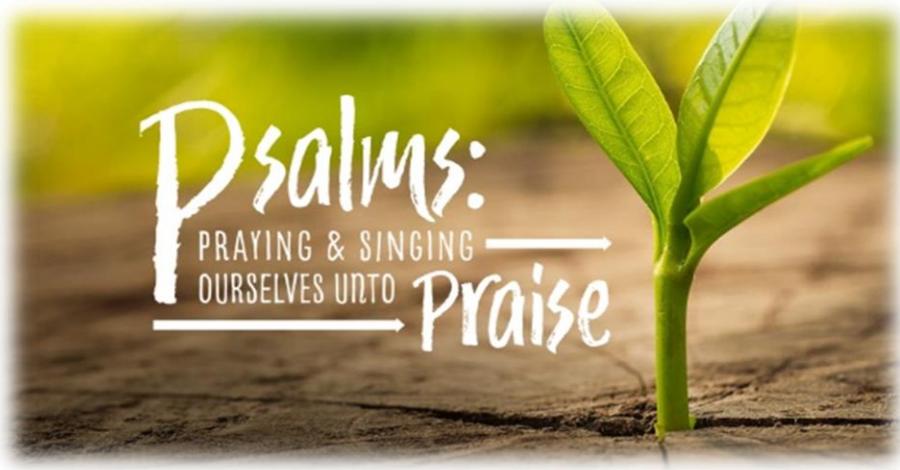
<u>V</u>	<u>Line</u>	<u>Colon</u>	<u>Subject</u>	<u>Genre</u>
3:5	5	9	David	
		10	David/the LORD	Actional

The background of the image is a close-up, slightly blurred view of a scroll of parchment. The parchment is a warm, golden-brown color and is covered in handwritten Hebrew text in a dark ink. The text is arranged in horizontal lines, following the curve of the scroll. The focus is sharp in the foreground and gradually blurs towards the background, creating a sense of depth and texture.

3:5 I lay down, and slept;

I woke again, for the LORD sustained me.

**3:6 I will not be afraid of many thousands of people  
who have set themselves against me all around**



# Psalm 3 Worksheet

<u>V</u>	<u>Line</u>	<u>Colon</u>	<u>Subject</u>	<u>Genre</u>
3:5	5	9	David	
		10	David/the LORD	Actional
3:6	6	11	David	
		12	Foes	

3:5 I lay down, and slept;

I woke again, for the LORD sustained me.

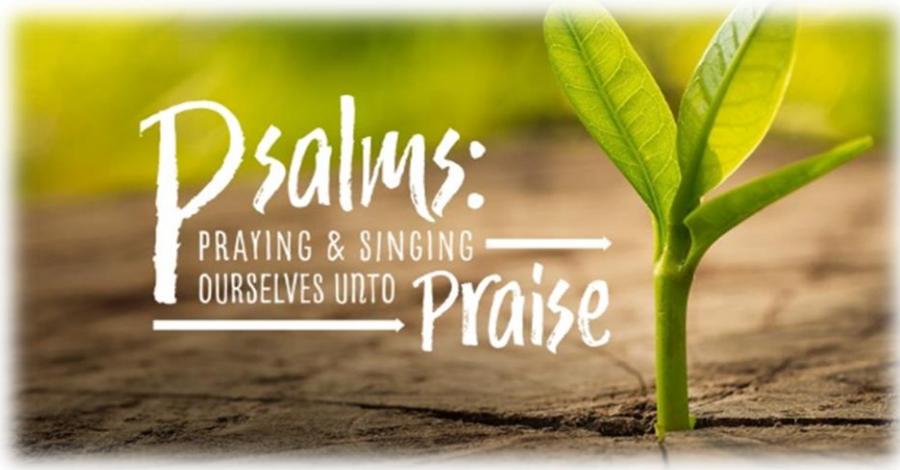
3:6 I will not be afraid of many thousands of people  
who have set themselves against me all around

**3:7 Arise, O LORD!**

**Save me, O my God!**

**For you strike all my enemies on the cheek;**

**you break the teeth of the wicked.**



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

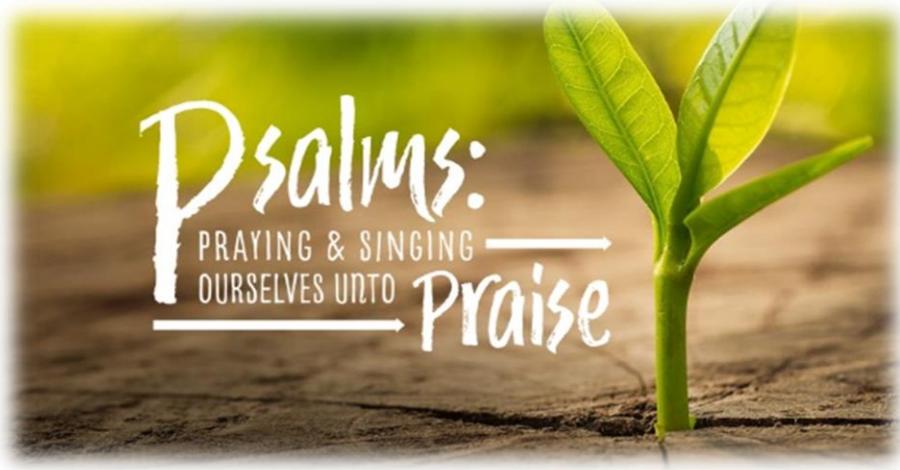
**3:7**   **7**   **13**   **the LORD**   **?**



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

**3:7**   **7**   **13**   **the LORD**   **Petitional**



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

<b>3:7</b>	<b>7</b>	<b>13</b>	<b>the LORD</b>	<b>Petitional</b>
		<b>14</b>	<b>the LORD</b>	<b>?</b>



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

<b>3:7</b>	<b>7</b>	<b>13</b>	<b>the LORD</b>	<b>Petitional</b>
		<b>14</b>	<b>the LORD</b>	<b>Petitional</b>

3:5 I lay down, and slept;

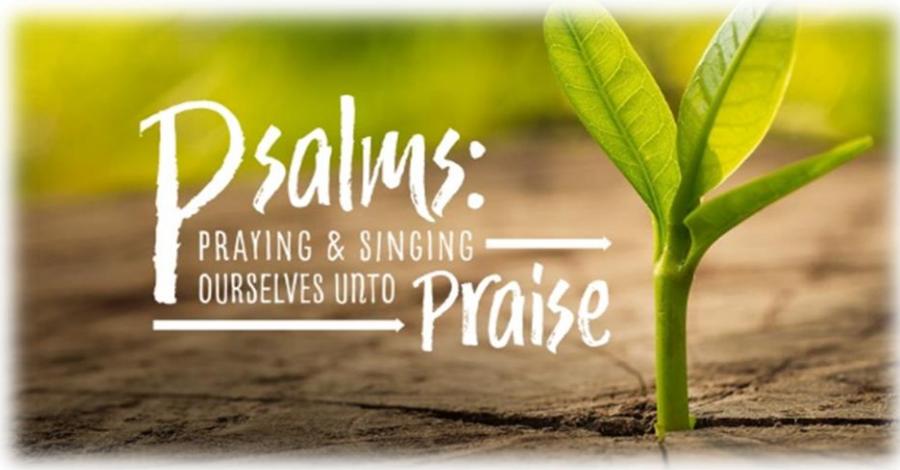
I woke again, for the LORD sustained me.

3:6 I will not be afraid of many thousands of people  
who have set themselves against me all around

3:7 Arise, O LORD!

Save me, O my God!

**For you strike all my enemies on the cheek;  
you break the teeth of the wicked.**



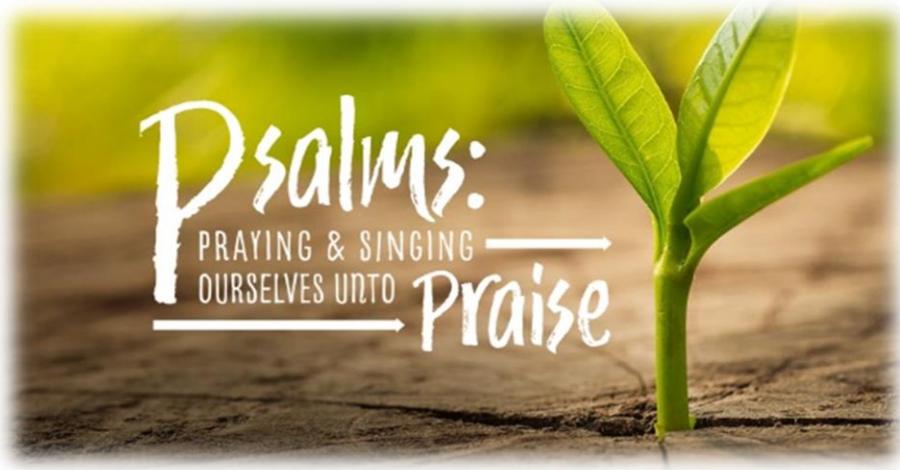
# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

<b>3:7</b>	<b>7</b>	<b>13</b>	<b>the LORD</b>	<b>Petitional</b>
		<b>14</b>	<b>the LORD</b>	<b>Petitional</b>
	<b>8</b>	<b>15</b>	<b>the LORD</b>	<b>Actional</b>
		<b>16</b>	<b>the LORD</b>	<b>Actional</b>



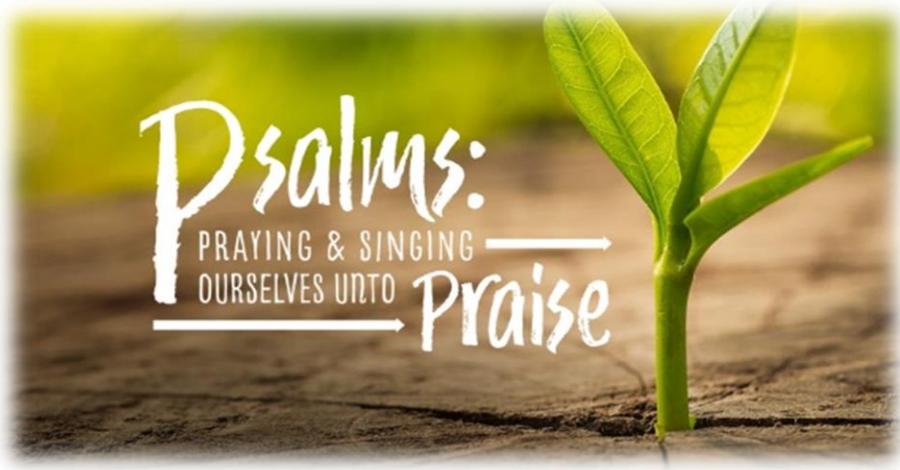
**3:8 Salvation belongs to the LORD;  
your blessing be on your people!**



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

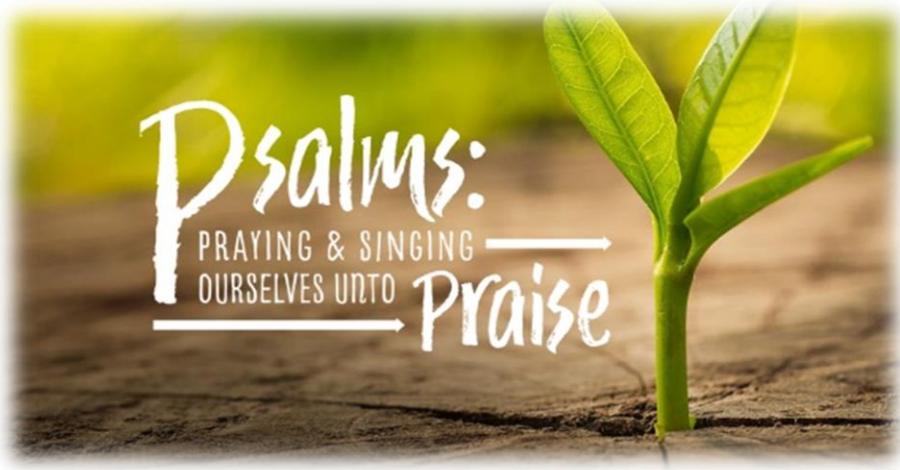
**3:8**   **9**   **17**   **the LORD**   **Assertional**



# Psalm 3 Worksheet

<u>V</u>	<u>Line</u>	<u>Colon</u>	<u>Subject</u>	<u>Genre</u>
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3:8	9	17	the LORD	Assertional
		18	the LORD	Assertional



# Psalm 3 Worksheet

**V**   **Line**   **Colon**   **Subject**   **Genre**

?









## *Coaching in Using: Psalms 3-5*

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### **I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**

**B. What is being modeled for us in Psalms 3-5.**

### **II To *Take Refuge* Is To Pray (3:1; 4:1; 5:1).**

**A. To be heard (4:1; 5:1-2).**

**B.**



## *Coaching in Using: Psalms 3-5*

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### **I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**

**B. What is being modeled for us in Psalms 3-5.**

### **II To *Take Refuge* Is To Pray (3:1; 4:1; 5:1).**

**A. To be heard (4:1; 5:1-2).**

**B. About the LORD Himself.**



## *Coaching in Using: Psalms 3-5*

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### **I Taking Refuge (2:12).**

**A. The way to sum up the responses in 2:11-12.**

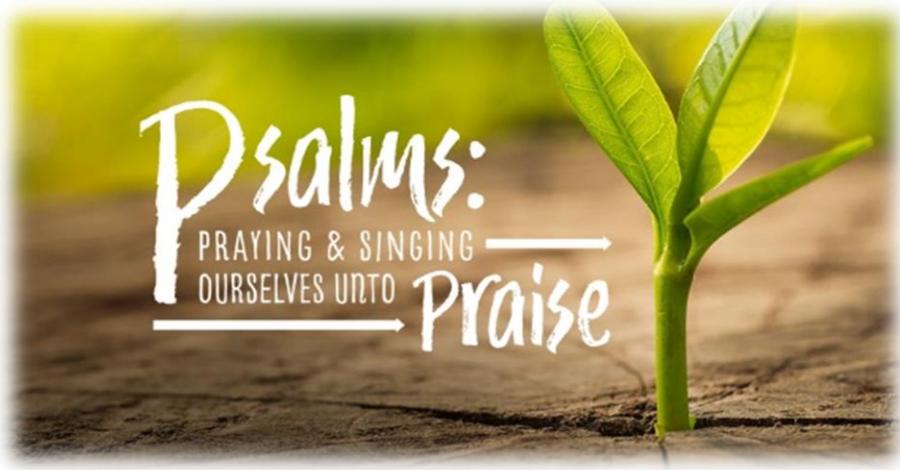
**B. What is being modeled for us in Psalms 3-5.**

### **II To *Take Refuge* Is To Pray (3:1; 4:1; 5:1).**

**A. To be heard (4:1; 5:1-2).**

**B. About the LORD Himself. What about Him?**



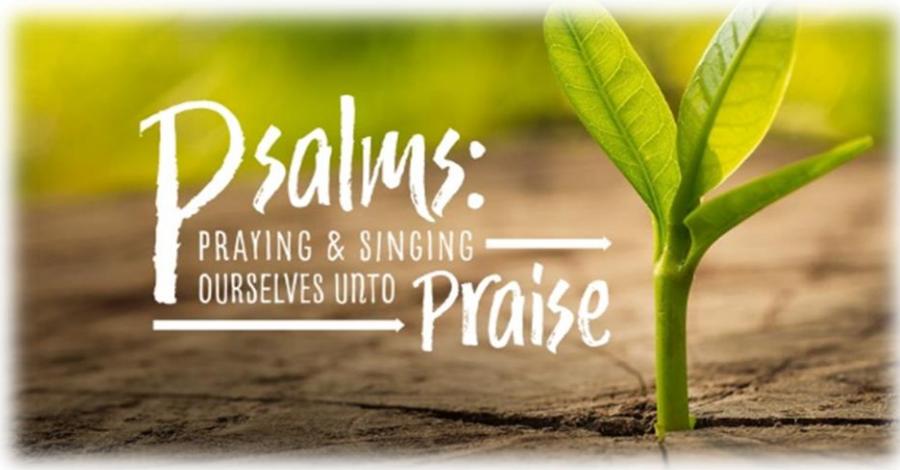


# Psalm 3 Worksheet

V   Line   Colon   Subject   Genre

**18 cola   10 the LORD**

**2 petitional  
4 actional**



# Psalm 3 Worksheet

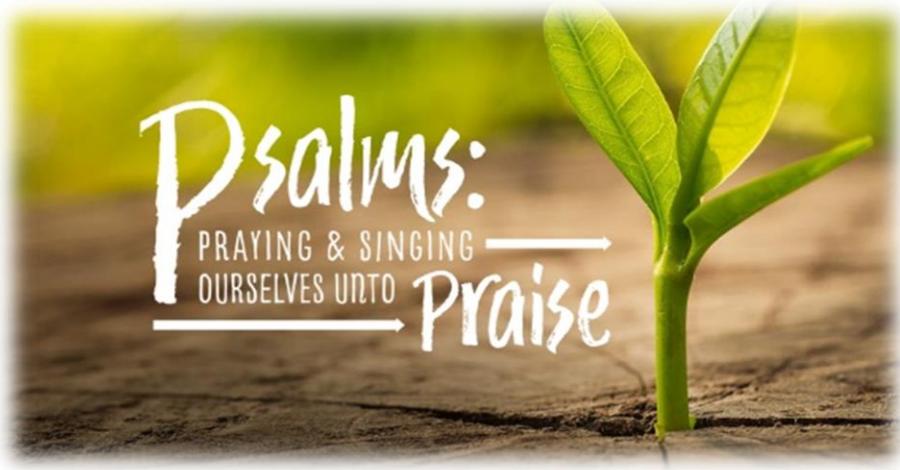
V   Line   Colon   Subject   Genre

**18 cola   10 the LORD**

**2 petitional**

**4 actional**

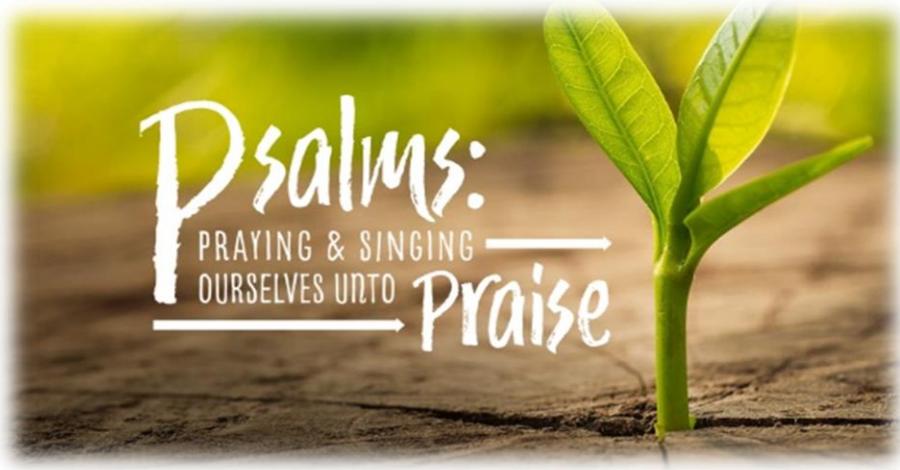
**4 assertional**



# *Psalm 3-5*

**V   Line   Colon   Subject   Genre**

**40 cola   the LORD**

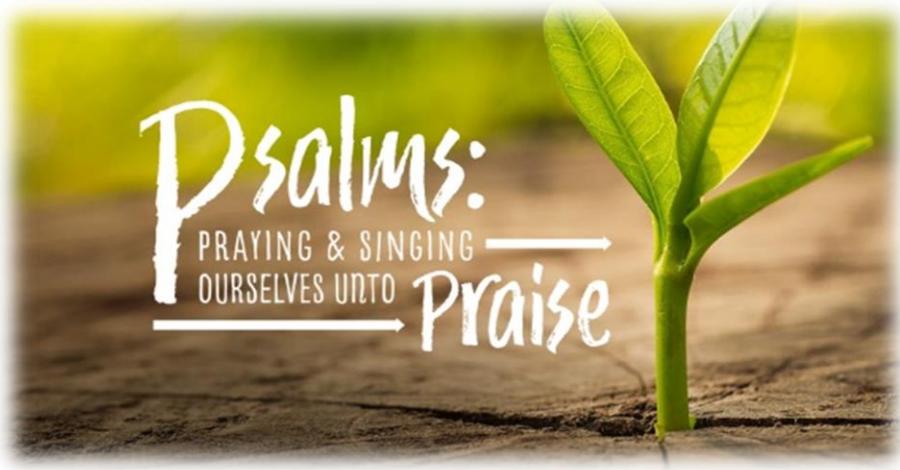


# *Psalm 3-5*

**V   Line   Colon   Subject   Genre**

**40 cola   the LORD**

**16 petitional**



# *Psalm 3-5*

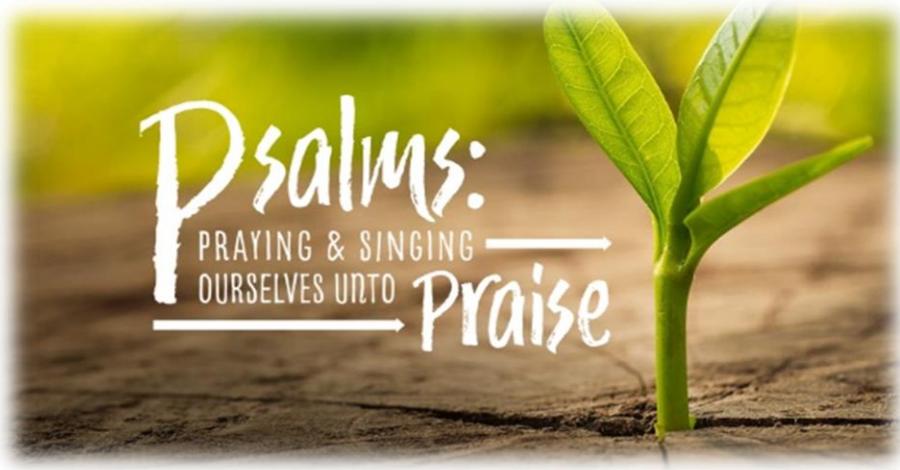
**V Line Colon Subject**

**Genre**

**40 cola the LORD**

**16 petitional**

**6 actional**



# *Psalm 3-5*

**V Line Colon Subject**

**Genre**

**40 cola the LORD**

**16 petitional**

**6 actual**

**18 assertional**



Psalms:

PRAYING & SINGING  
OURSELVES UNTO

→ Praise