

TOOL 10: Tips for Staff Attire and Personal Protective Equipment (PPE)

Attire Guidance

This guidance is provided to minimize inadvertent spread of COVID-19 through clothing, surface exposure and other types of contamination.

- Make-up: all make-up should be avoided including foundations, powders, mascara, and lip gloss/lip balm. Makeup must be avoided masks and other personal protective equipment (PPE) will not be able to be sanitized, and each person must play a role in conserving limited supplies.
- Jewelry: avoid all body jewelry, bracelets, and big earrings
- Clothing: avoid fluffy clothes or sweaters and avoid loose sleeves. Fitted clothing minimizes chances of contamination.
- Footwear: should be closed-toe, low/no heeled, soft-soled, washable, and have a closed back
- If hair is long, tie it up close to head (e.g. bun) to prevent touching face; may need to wear a head cover.
- No facial hair, as this interferes with a good seal of a face masks.

Returning to Home

- When returning to your home after a shift, remove your shoes and clothes and place clothes in a laundry bag or washing machine; then, immediately shower. When washing clothes, wash laundry bag if appropriate.
- Once your body and hair are clean, trace your steps and disinfect any surfaces you touched (in your vehicle, door knobs, keys, etc.)

Equipment Guidance

- Medical equipment (BP cuff, stethoscope) should ideally be dedicated to a specific room housing COVID-19 positive patients. If medical equipment cannot be dedicated to a room, it should be sanitized thoroughly between patients according to facility policies.
- Minimize all non-washable patient items (e.g. loose papers, stuffed animals)
 - Dedicate all non-washable items to specific patient room (e.g. puzzles, paper books)
- All non-dedicated, non-disposable medical equipment used for patient care should be sanitized according to manufacturer's instructions and facility policies.
- Keep equipment in designated infection control rooms.

PPE Fit Guidance

- [CDC: Face mask fit testing / user seal test](#)
- [CDC: Three key factors for a respirator to be effective](#)

PPE Conservation Guidance

Please note: these [videos from Emory University](#) should only be used when supplies of PPE are running low.

- [All COVID-19 ACE / DICE Videos](#)
- [Reusing Face and Eye PPE - Extended Wear](#)
- [CONSERVATION - Putting ON Airborne – Contact precautions with eyewear \(ACE\)](#)
- [CONSERVATION - Taking OFF Airborne – Contact precautions with eyewear \(ACE\)](#)
- [CONSERVATION - Putting ON Droplet-Contact precautions with eyewear \(DICE\)](#)
- [CONSERVATION - Taking OFF Droplet-Contact precautions with eyewear \(DICE\)](#)