

PoCo Grando/Manfred's 85th Birthday Ride! 1 August 2026. Start: Maple St and Marpole Ave, Port Coquitlam

Dist	Type	Note	Next
0.0	📍	Start of route	0.0
0.0	↑	Start route by heading southwest on the Poco Trail	2.0
2.0	↗	Take trail under bridge to south-side sidewalk	0.2
2.2	↙	Take south sidewalk across Coquitlam River toward Lougheed Hwy	0.4
2.6	←	L onto Sheep Paddocks Trail	2.6
5.2	→	Cross ped bridge (first one you see) and turn R onto Wilson Farm Dyke Trail	1.1
6.3	↑	Cross Lougheed Hwy and CO Argue St (may take PoCo Trail side path)	5.0
11.4	↘	CAUTION Narrow trail	0.4
11.8	→	R to stay on Traboulay PoCo Trail beside MHB CAUTION under RRX	0.5
12.2	↑	Continue onto Holland Ave CO Perkins St	0.3
12.5	←	L onto Kingsway Ave	0.1
12.6	→	R toward the river	0.0
12.6	←	L onto PoCo Trail	0.3
12.9	←	L toward Belfast St and Pitt River Bridge	0.1
13.0	←	CAUTION crossing Belfast St at crosswalk, access Pitt River Bridge sidewalk	0.9
13.9	↙	Sharp L onto Pitt River Bike Path	0.2
14.0	→	R onto South Alouette River Dike Trail	3.7
17.8	←	L onto Harris Road	0.1
17.9	→	R onto Alouette - Pitt River Trail	3.1

17.9 kilometers. +77/-88 meters

Dist	Type	Note	Next
21.0	↘	Sharp R at McNeil Rd, cross drainage ditch, and keep R to stay on the trail	1.4
22.5	←	L onto Neaves Rd CO Rannie Rd	2.7
25.2	←	L onto Pitt River East Dyke Trail immediately after bridge	0.8
26.0	→	To stay on Pitt River East Dyke	6.3
32.2	✍	Heron Cove	0.1
32.3	→	R onto Rannie Road	7.1
39.4	←	L onto North Alouette River Trail CO 216 St	5.9
45.4	→	R onto 123 Avenue	2.5
47.9	←	203 St. May use sidepath	0.1
48.0	→	R onto Telep Avenue	0.5
48.4	←	L onto 201B Street	0.4
48.9	→	R onto Dewdney Trunk Road CO Maple Meadows Way CAUTION Traffic	0.7
49.6	→	R onto Golden Ears Bike Route CO Hammond Rd	0.4
50.0	←	L onto Wildwood Trail at crosswalk/ped island	1.3
51.3	↘	Bear L to cross Airport Way and CO Stonegate Rd	0.0
51.4	→	R onto Airport Way Trail	0.4
51.8	↑	Cross Bonson Rd, stay on Airport Way Trail	0.5
52.2	←	L onto Nature's Path Trail immediately after access road from Airport Way	0.5
52.7	→	CONTROL Turn R to stay on Nature's Path Trail	0.0

34.8 kilometers. +107/-116 meters

Event organizer: Mike Hagen. Please text abandonments to 604-902-8737.

Dist	Type	Note	Next
52.8	✍	Katzie	0.1
52.9	↑	Path ends CO Fraser Way (may use path on south side of parking area)	0.3
53.2	↖	Keep L onto Pitt Meadows Regional Greenway at Harris Rd	9.6
62.8	↗	Slight R onto Pitt River Bike Path	0.2
63.0	↘	Sharp R onto Pitt River Bridge Bike Path	0.9
63.8	➡	R CAUTION cross Belfast St at crosswalk	0.1
63.9	←	L to stay on PoCo Trail northbound	0.7
64.6	↗	To stay on Poco Trail/TCT	5.3
69.9	➡	R onto Cedar Drive, keep R to go onto pathway on north side of De Boville Slough	4.2
74.2	➡	R to Addington Point: first gravel path after De Bouville Slough Dyke trail turns to pavement CAUTION single track	0.3
74.4	✍	Addington Point	0.3
74.7	←	L onto DeBoville Slough Dyke	4.2
78.8	←	L onto Cedar Drive	0.0
78.9	↑	Continue onto Huber Drive CO PoCo Trail CAUTION narrow bridge ahead	2.1
81.0	←	To stay on Poco Trail/TCT CO Patricia Ave (grey metal ped bridge on your right)	0.5
81.5	➡	To stay on PoCo Trail through Wellington Park	0.4
81.8	←	L onto Lincoln Avenue	0.1

29.1 kilometers. +160/-131 meters

Dist	Type	Note	Next
82.0	➡	To stay on PoCo Trail at Oxford St	0.3
82.3	←	To stay on Poco Trail/TCT (watch for the PoCO Trail sign markers)	0.2
82.5	←	To stay on Poco Trail/TCT	0.4
82.9	←	To stay on Poco Trail/TCT CAUTION narrow trail	0.2
83.1	↘	To stay on PoCo Trail. Follow the PoCo Trail signs!	0.1
83.2	➡	To stay on Poco Trail	1.1
84.3	↗	Slight R onto Poco Trail to go under Lougheed Hwy	0.1
84.4	↗	Keep R onto Poco Trail	0.8
85.2	↖	Keep L toward Maple Street and Marpole Ave intersection	0.1
85.2	←	Cross Maple St at crosswalk onto Marpole Avenue	0.1
85.4	✍	Finish Control, Patina Brewing Co. & BBQ CONGRATULATIONS 2332 Marpole Ave	0.0

3.5 kilometers. +23/-43 meters

Event organizer: Mike Hagen. Please text abandonments to 604-902-8737.