



# Control Card

200 km Randonnée

## Around the Lake

Rider: \_\_\_\_\_ Member # \_\_\_\_\_

Bicycle Type ----->    Single   Tandem   Fixed   Recumbent   Velomobile

Start Date: \_\_\_\_\_ June 13, 2026 \_\_\_\_\_

Start time: \_\_\_\_\_ 7:00 AM \_\_\_\_\_

Finish Date: \_\_\_\_\_

Finish time: \_\_\_\_\_

Elapsed time: \_\_\_\_\_

\_\_\_\_\_  
Rider's signature at completion

*At each control, please **have signed or answer question** and **note time of day***

DIST (km)	Open	Close	Locale	Establishment	Signature/Answer	Time of Passage
0.0	Saturday <b>7:00 AM</b> 13-Jun-26	Saturday <b>8:00 AM</b> 13-Jun-26	MILL BAY	<b>STAFFED</b> Tim Hortons Deloume Road		
39.8	Saturday <b>8:10 AM</b> 13-Jun-26	Saturday <b>9:59 AM</b> 13-Jun-26	GLENORA	<b>INFORMATION</b> Trails Head Park Sign post with rucs		
61.9	Saturday <b>8:49 AM</b> 13-Jun-26	Saturday <b>11:08 AM</b> 13-Jun-26	LAKE COWICHAN	<b>INFORMATION</b> Visitor Information Centre 125C South Shore Rd		
100.0	Saturday <b>9:56 AM</b> 13-Jun-26	Saturday <b>1:40 PM</b> 13-Jun-26	NITINAT	<b>INFORMATION</b> Heather Campsite Sign at road		
121.2	Saturday <b>10:34 AM</b> 13-Jun-26	Saturday <b>3:05 PM</b> 13-Jun-26	YOUBOU	<b>INFORMATION</b> General Store 10480 Youbou Rd		
175.1	Saturday <b>12:09 PM</b> 13-Jun-26	Saturday <b>6:40 PM</b> 13-Jun-26	COWICHAN STATION	<b>INFORMATION</b> Lakeside Rd @ Hillside Rd Right corner		
187.0	Saturday <b>12:30 PM</b> 13-Jun-26	Saturday <b>7:28 PM</b> 13-Jun-26	COWICHAN BAY	<b>INFORMATION</b> Cherry Pt Rd @ Sutherland Dr Back of stop sign/Cherry Pt sign		
202.1	Saturday <b>12:57 PM</b> 13-Jun-26	Saturday <b>8:30 PM</b> 13-Jun-26	MILL BAY	<b>BUSINESS</b> Tim Hortons Deloume Road		

Report results or abandonment through registration email link

Organizer: 250-588-0457