

Dist	Type	Note	Next
0.0	i	Bayview Hotel / START EACH DAY Thurs: 2pm Fri: 6:30am Sat: 7:30am Sun: 7:00am	0.0
0.0	→	R in front of building	0.0
0.0	→	R around building	0.1
0.1	←	L onto path	0.0
0.1	←	L onto Courtenay RiverwayWalkway	0.3
0.4	←	L onto Lagoon Drive	0.0
0.4	←	L onto 20th Street	0.1
0.5	→	R onto Riverside Lane	0.2
0.6	←	L onto 19th Street	0.3
0.9	→	R onto Fitzgerald Avenue	1.5
2.4	↑	Continue onto Fitzgerald Avenue At roundabout, take exit 2	0.1
2.5	↑	Continue onto 2nd Street	0.4
2.8	←	L onto Cliffe Avenue	0.1
2.9	→	R onto 1st Street	0.1
3.0	←	L onto Anderton Avenue	0.2
3.2	↑	Continue onto Condensory Road	4.0
7.3	↑	Continue onto Dove Creek Road	6.2
13.4	✎	CONTROL1 Day1 : Dove Creek Information: Dove Ck Rd @ Inland Hwy	0.0
13.5	←	L onto Inland Island Highway	12.5
26.0	→	R onto Exit 117	0.5
26.5	→	R onto Cumberland Road	1.7
28.1	→	R onto Third Street	0.2

28.1 kilometers. +269/-124 meters

Dist	Type	Note	Next
28.3	←	L onto Third Street	0.4
28.7	→	R onto Dunsmuir Avenue	0.5
29.2	←	L onto Sutton Road	0.2
29.4	→	R onto Comox Lake Road	2.9
32.3	←	L onto Comox Lake Road	1.1
33.4	→	R into Comox Lake Boatlaunch	0.1
33.4	✎	CONTROL2 Day1: Cumberland Information: Comox Lake Boat Launch	0.1
33.5	←	L onto Comox Lake Road	4.0
37.5	←	L onto Sutton Road	0.2
37.7	→	R onto Dunsmuir Avenue	1.2
38.9	↑	Continue onto Royston Road	3.9
42.8	←	L onto Minto Road	2.1
45.0	→	R onto Fraser Road	1.7
46.7	←	L onto Comox Logging Road	0.9
47.6	↑	Continue onto Comox Logging Road	0.1
47.6	↑	Continue onto trail	0.1
47.7	↑	Continue onto Comox Logging Road	0.6
48.4	→	R onto Cumberland Road	1.8
50.2	←	L onto Willemar Avenue At roundabout, take exit 3	0.7
50.9	↑	Continue onto 5th Street	2.2
53.1	→	R onto Ryan Road	0.9
54.0	→	R onto Back Road	1.3
55.3	↑	Continue onto Back Road At roundabout, take exit 1	2.7
58.0	↑	Continue onto Glacier View Drive	0.5

29.9 kilometers. +255/-357 meters

Dist	Type	Note	Next
58.5	←	L onto Comox Avenue At roundabout, take exit 2	0.5
59.0	↑	Continue onto Comox Avenue At roundabout, take exit 2	1.7
60.6	←	L onto Pritchard Road	1.8
62.5	→	R onto Guthrie Road	1.7
64.1	←	L onto Lazo Road	2.3
66.4	✎	CONTROL3 Day1: Comox Information: Pt Holmes Boat Launch	0.1
66.5	↑	Continue on Lazo Road	0.2
66.7	↑	Continue onto Knight Road	4.0
70.7	→	Turn R onto Military Row At roundabout, take exit 1	1.6
72.3	↑	Continue onto Little River Road	1.9
74.2	←	L onto Little River Road	0.5
74.7	←	L onto Wilkinson Road	1.1
75.8	←	L onto Ellenor Road	1.3
77.2	→	R onto Anderton Road	1.3
78.4	↑	Continue onto Waveland Road	2.6
81.0	←	L onto Bates Road	3.8
84.8	←	L onto Coleman Road	4.2
88.9	→	R onto Island Highway, 19A	28.9
117.9	↑	Continue onto South Island Highway At roundabout, take exit 1	4.9
122.7	→	R onto Island Highway, 19A	3.0
125.7	↑	Continue onto Campbell River Road/Highway 28	1.7
127.4	←	L into Quinsam Campground	0.1

69.4 kilometers. +568/-587 meters

Dist	Type	Note	Next
127.5	✎	CONTROL4 Day1: Campbellton Information: Elk Falls PP Quinsam Campground	0.0
127.5	↶	Return to road	0.1
127.6	→	R onto Campbell River Road	1.7
129.3	↑	Continue onto Island Highway, 19A	2.9
132.3	←	L onto Island Highway	4.9
137.1	↑	Continue onto South Island Highway At roundabout, take exit 2	4.3
141.4	✎	CONTROL5 Day1: Ocean Grove Information: GasNGo/Ocean Grove General Store	0.1
141.5	↑	Continue on Island Highway	0.3
141.7	→	R onto Jubilee Parkway	2.9
144.6	→	R onto multi-use path Along South Dogwood Street	4.4
149.1	↑	Cross North Simms Creek	0.2
149.2	←	L onto South McPhedran Road Cross Dogwood	1.8
151.1	←	L onto Evergreen Road	1.9
153.0	→	R onto Nikola Road	0.7
153.7	←	L onto Willis Road	0.4
154.1	→	R onto Brant Drive	0.1
154.2	→	R into Shell Gas	0.1
154.3	✎	CONTROL6 Day1: Quinsam Information: Shell Gas, Willis Rd	0.0
154.3	↶	Return to Brant Drive	0.0
154.3	←	L onto Brant Drive	0.1
154.4	←	L onto Willis Road	0.4

26.9 kilometers. +244/-186 meters

In case of abandonment, contact organizer. (250) 880-5006

Dist	Type	Note	Next
154.8	→	R onto Nikola Road	0.7
155.5	←	L onto Evergreen Road	1.9
157.5	→	R onto South McPhedran Road	1.8
159.3	→	R onto multi-use trail Cross Dogwood	4.6
163.9	←	L onto Jubilee Parkway Note pedestrian crossing on opposite side of Dogwood	2.8
166.7	→	R onto Island Highway South, 19A	20.0
186.7	→	R onto Howard Road	2.9
189.6	→	R onto Merville Road	0.4
190.0	←	L onto Headquarters Road	6.1
196.1	←	L onto Bridges Road	2.0
198.1	←	L onto North Island Highway	0.8
198.8	→	R onto Hardy Road	3.9
202.8	→	R onto Coleman Road	1.4
204.2	→	R onto Bates Road	3.8
208.0	→	R onto Waveland Road	0.3
208.3	→	R onto Larch Road	0.1
208.4	←	L onto Quenville Road	1.4
209.8	→	R onto Huband Road	0.7
210.4	←	L onto Huband Road	2.7
213.1	→	R onto North Island Highway, 19A	0.3
213.4	←	L onto Rennison Road	1.2
214.7	→	R onto Headquarters Road	8.0
222.7	→	R onto Merville Road	0.4
223.1	←	L onto Howard Road	2.9

68.7 kilometers. +667/-652 meters

Dist	Type	Note	Next
226.0	→	R onto North Island Highway	0.4
226.4	✎	CONTROL7 Day1: Merville Information: Island Hwy @ Stephan Rd	0.1
226.5	↑	Continue on Island Highway, 19A	5.6
232.2	→	R onto Smith Road	2.8
234.9	↑	Continue onto Tsolum River Road	4.9
239.8	↙	Sharp L onto Fitzgerald Road	0.5
240.4	→	R onto Farnham Road	0.0
240.4	✎	CONTROL8 Day1: Headquarters Information: Fitzgerald Rd @ Farnham Rd	1.4
241.8	↑	Continue onto South Farnham Road	4.3
246.1	←	L onto Dove Creek Road	4.0
250.0	←	L onto Dove Creek Road	2.1
252.1	↑	Continue onto Condensory Road	4.2
256.3	→	R onto 1st Street	0.1
256.5	←	L onto Cliffe Avenue	0.2
256.6	→	R onto 3rd Street	0.1
256.7	↑	At roundabout, take exit 2 onto 3rd Street	0.2
257.0	←	At roundabout, take exit 3 onto Fitzgerald Avenue	1.8
258.8	←	L onto 21st Street	0.2
259.0	→	R onto Courtenay Riverway Heritage Walk	0.0
259.0	↑	Continue onto Courtenay Riverway Heritage Walk	0.1
259.2	→	R onto path	0.0
259.2	←	R around building	0.1

36.1 kilometers. +242/-319 meters

In case of abandonment, contact organizer. (250) 880-5006

Dist	Type	Note	Next
259.3		CONTROL9/END DAY1: Courtenay Staffed: Bayview Hotel	0.0
259.3		Bayview Hotel / START EACH DAY Thurs: 2pm Fri: 6:30am Sat: 7:30am Sun: 7:00am	0.1
259.4		R onto Cliffe Avenue	0.6
260.0		R onto Route 19A	0.3
260.3		R onto Comox Road	3.5
263.7		L onto Glacier View Drive At roundabout, take exit 2	0.3
264.1		R onto Corker Avenue	0.1
264.2		L onto Redwood Street	0.1
264.2		R onto Chestnut Avenue	0.2
264.4		Continue onto Aitken Street	0.1
264.5		L onto Aitken Street	0.7
265.2		R onto Bolt Avenue	0.1
265.3		L onto Aspen Road	0.5
265.8		R onto Guthrie Road	0.6
266.4		L onto Anderton Road	4.3
270.7		Continue onto Ellenor Road	1.5
272.1		R onto Wilkinson Road	1.1
273.2		R onto Little River Road	0.0
273.2		L onto Booth Road	0.4
273.6		Continue onto Astra Road	1.1
274.7		R onto Kilmorley Road	1.0
275.7		L onto Little River Road	1.4

16.5 kilometers. +141/-132 meters

Dist	Type	Note	Next
277.1		Continue onto Military Row	1.6
278.6		L onto Knight Road At roundabout, take exit 3	4.0
282.7		Continue onto Lazo Road	0.4
283.0		CONTROL1 Day2: Comox Information: Pt. Holmes Boat Launch	0.0
283.1		Continue on Lazo Road	2.3
285.3		R onto Guthrie Road	1.7
287.0		L onto Pritchard Road	1.8
288.8		R onto Comox Avenue	1.7
290.5		Continue onto Comox Avenue At roundabout, take exit 2	0.4
290.9		Continue onto Comox Avenue At roundabout, take exit 2	4.0
295.0		Continue onto Island Highway, 19A	1.2
296.2		Continue onto Headquarters Road	1.7
297.9		Continue onto Piercy Road	6.5
304.4		R onto Inland Island Highway, 19	0.0
304.4		CONTROL2 Day2: Courtenay Information: Piercy Rd @ Inland Island Hwy	42.6
347.0		Continue onto Tamarac Street	0.9
347.9		Continue onto Island Highway, 19	2.5
350.4		Duncan Bay Store / GasNGo Last services for 75km	28.7
379.1		R onto Rest Area	0.0
379.1		CONTROL3/5 Day2: Roberts Lake Self sign: Roberts Lake Rest Area	0.1
379.2		R onto Island Highway	31.9

103.5 kilometers. +1026/-874 meters

In case of abandonment, contact organizer. (250) 880-5006

Dist	Type	Note	Next
411.1	→	R onto Sayward Road	1.0
412.1	i	USE PEDESTRIAN BUTTON. Timing on lights is too short otherwise. Move up to bridge light pole. Pedestrian signal is on the pole	11.4
423.5	✎	CONTROL4 Day2: Kelsey Bay Information: Kelsey Bay Public Dock	0.0
423.5	↶	Return on Sayward Road	11.2
434.7	i	USE PEDESTRIAN BUTTON. Located on signal pole.	1.1
435.7	←	L onto Island Highway	32.0
467.7	←	L onto Rest Area	0.1
467.8	✎	CONTROL3/5 Day2: Roberts Lake Self sign: Roberts Lake Rest Area	0.0
467.8	←	L onto Island Highway	31.1
498.9	↑	Continue onto Willow Street	1.0
499.9	↑	Continue onto Inland Island Highway, 19	42.5
542.5	✎	CONTROL6 Day2: Courtenay Information: Inland Island Hwy @ Piercy Rd	0.0
542.5	←	L onto Piercy Road	6.6
549.1	↑	Continue onto Headquarters Road	1.7
550.8	↑	Continue onto Island Highway, 19A	1.7
552.5	→	R onto Route 19A	0.4
552.8	←	L onto Cliffe Avenue. 19A	0.6
553.5	←	L into Bayview Hotel	0.1
553.5	✎	CONTROL7/END DAY2 : Courtenay Staffed: Bayview Hotel	0.0

174.3 kilometers. +1392/-1409 meters

Dist	Type	Note	Next
553.5	i	Bayview Hotel / START EACH DAY Thurs: 2pm Fri: 6:30am Sat: 7:30am Sun: 7:00am	0.1
553.6	←	L onto Cliffe Avenue	0.4
554.0	→	R onto 26th Street	0.3
554.3	←	L onto Kilpatrick Avenue	0.5
554.8	→	R onto 29th Street	1.1
555.9	↑	Continue onto Comox Valley Parkway	4.5
560.3	←	L onto Highway 19 South	42.4
602.7	→	R Exit 75	0.2
603.0	→	R onto Horne Lake Road	0.0
603.0	→	R into PetroCan	0.1
603.1	✎	CONTROL1Day3: Dunsmuir Information: Petrocan, Kwalikum Crossing 6am to 10pm	0.0
603.1	↶	Return to road	0.1
603.1	←	L onto Horne Lake Road	0.0
603.2	→	R onto Inland Island Highway, 19	13.8
617.0	→	R onto Exit 60	0.6
617.5	→	R onto Highway 4	0.9
618.5	→	R onto Hilliers Road South	4.1
622.6	✎	CONTROL2 Day3: Hilliers Information: Hilliers Rd @ Staney Rd	0.0
622.6	↑	Continue on Hilliers Road South	0.6
623.3	←	L onto Alberni Highway, 4	0.9
624.2	→	R onto Pratt Road	1.9
626.1	←	L onto Grafton Avenue	8.1

72.6 kilometers. +752/-607 meters

In case of abandonment, contact organizer. (250) 880-5006

Dist	Type	Note	Next
634.2	←	L onto Leffler Road	0.9
635.1	↑	Continue onto Ruffels Road	1.6
636.7	←	L onto Bellevue Road	0.9
637.5	→	R onto Alberni Highway	1.5
639.0	→	R onto Despard Avenue West	0.7
639.7	←	L onto Craig Street	0.4
640.1	→	R onto Stanford Avenue East	1.4
641.5	↑	Continue onto Shelly Road	0.1
641.6	→	R onto East Island Highway	1.4
643.0	→	R onto Industrial Way	1.3
644.3	←	L onto Franklin's Gull Road	0.2
644.5	→	R onto Northwest Bay Road	6.6
651.1	←	L onto Stewart Road	1.7
652.9	↑	Continue onto Davenham Drive	0.4
653.3	↑	Continue onto Dolphin Drive	4.5
657.8	↑	Continue onto Fairwinds Drive	3.6
661.4	✎	CONTROL3 Day3: Nanoose Bay Information: Fairwinds Dr @ Anchor Way	0.0
661.4	↑	Continue onto Powder Point Road	2.1
663.5	←	L onto Northwest Bay Road	1.2
664.7	←	L onto East Island Highway	10.2
674.9	→	R onto Exit 19	0.7
675.6	↑	Continue onto Island Highway, 19A	1.2
676.8	→	R onto Chevron Access Road	0.1
676.9	←	L onto Mall Ring Road	0.2
677.1	←	L onto Mall Exit Road	0.1

51.0 kilometers. +557/-590 meters

Dist	Type	Note	Next
677.2	↑	Continue onto Metral Bikeway	2.9
680.0	→	R onto Mostar Sidewalk	0.2
680.2	←	L onto crosswalk	0.0
680.2	↑	Continue onto E&N Trail	1.3
681.6	←	L onto E&N Trail	4.7
686.2	←	L onto crosswalk	0.0
686.2	↑	Continue on E&N Trail	1.2
687.5	→	R onto E&N Trail	0.0
687.5	←	L onto E&N Trail	0.2
687.7	←	L onto Holly Avenue	0.4
688.1	→	R onto Bradley Street	0.1
688.2	←	L onto Wall Street	0.5
688.6	↑	Continue onto Machleary Street	0.8
689.5	→	R onto Fitzwilliam Street	0.1
689.6	←	L onto Pine Street	0.1
689.7	↑	Continue onto Bruce Avenue	2.9
692.6	↑	Continue onto 10th Street	2.4
695.0	→	R Trans-Canada Highway, 1	0.8
695.8	←	L onto Cedar Road	3.0
698.8	→	R onto Cedar Road	4.3
703.1	←	L onto Quennell Road	5.8
708.9	←	L onto Yellow Point Road	1.8
710.7	←	L into Yellow Point Park	0.0
710.7	✎	CONTROL4 Day3: Yellow Point Information: Yellow Point Park	0.0
710.8	←	L onto Yellow Point Road	11.4

33.7 kilometers. +323/-367 meters

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Dist	Type	Note	Next
722.2	↑	Continue onto Cedar Road	0.1
722.3	→	R onto Woobank Road	1.9
724.2	←	L onto Holden Corso Road	1.0
725.2	→	R onto MacMillan Road	0.3
725.5	←	L onto Harmac Road	1.0
726.5	↑	Continue onto Cedar Road	3.0
729.5	→	R onto TransCanada Highway, 1	0.8
730.3	→	R across traffic island	0.0
730.3	↑	Continue onto multi-use path	0.3
730.6	→	R onto Haliburton Street	0.3
730.9	→	R onto Haliburton Street	2.7
733.7	←	L onto Milton Street	1.7
735.3	→	R onto Campbell Street	0.1
735.4	←	L onto Prideaux Street	0.5
735.9	←	L onto Barsby Avenue	0.1
736.0	↑	Continue onto Barsby Trail	0.0
736.0	↑	Continue onto Caledonia Avenue	0.4
736.4	←	L onto Rosehill Street	0.1
736.5	→	R onto Holly Avenue	0.3
736.8	→	R onto E&N Trail	0.2
737.0	→	R onto E&N Trail	0.0
737.0	←	L onto E&N Trail	1.3
738.3	→	R onto E&N Trail	4.7
742.9	→	R onto E&N Trail	1.4
744.3	→	R onto Mostar Sidewalk	0.2

33.5 kilometers. +219/-148 meters

Dist	Type	Note	Next
744.5	↑	Continue onto crosswalk	0.0
744.5	←	L onto Metral Bikeway	2.9
747.3	↑	Continue onto Mall Access Road	0.1
747.4	→	R onto Mall Ring Road	0.5
747.9	→	R onto Mall Exit Road	0.1
748.0	↑	Continue onto Dickinson Road	0.4
748.4	←	L onto Dover Road	0.4
748.9	↑	Continue onto Lantzville Road	5.4
754.3	→	R onto Island Highway, 19	6.0
760.3	→	R onto Northwest Bay Road	9.6
769.9	←	L onto Franklin's Gull Road	0.1
770.0	→	R onto Island Highway, 19A	2.4
772.3	→	R onto Martindale Road	0.0
772.4	←	L onto Pioneer Crescent	1.1
773.5	←	L onto McVickers Street	0.5
774.0	→	R onto Stanford Avenue East	0.3
774.3	←	L onto Corfield Street South	0.4
774.7	→	R onto Despard Avenue East	1.1
775.8	←	L onto Alberni Highway	0.5
776.3	✎	CONTROL5 Day3: Parksville Information: Alberni Hwy @Nicnbec Way	0.0
776.4	→	R onto Inland Island Highway, 19 North	65.5
841.8	→	R onto Exit 117	0.4
842.3	→	R onto Comox Valley Parkway	5.4
847.7	←	L onto Kilpatrick Avenue	0.5

103.4 kilometers. +987/-1092 meters

In case of abandonment, contact organizer. (250) 880-5006

Dist	Type	Note	Next
848.2	→	R onto 26th Street	0.3
848.5	←	L onto Cliffe Avenue	0.4
848.9	→	R into Bayview Hotel	0.1
849.0	✍	CONTROL6/END DAY 3 : Courtenay Staffed: Bayview Hotel	0.0
849.0	i	Bayview Hotel / START EACH DAY Thurs: 2pm Fri: 6:30am Sat: 7:30am Sun: 7:00am	0.0
849.0	→	R around building	0.1
849.1	←	L onto path	0.0
849.1	→	R onto Courtenay Riverwalk	0.4
849.6	→	R to road	0.0
849.6	←	L onto Mansfield Drive	0.3
849.9	←	L onto Cliffe Ave/BC-19A S	0.8
850.7	↑	Continue onto Island Highway, 19A	58.6
909.3	↑	Continue onto West Island Highway At roundabout, take exit 2	5.5
914.8	→	R onto Sunrise Drive 180 degree	0.3
915.1	←	L onto Imperial Drive	0.1
915.2	→	R onto Barclay Crescent North	0.4
915.6	↑	Continue onto Barclay Crescent Footbridge	0.0
915.6	↑	Continue onto Barclay Crescent South	0.1
915.8	←	L onto Lee Road West	0.6
916.4	→	R onto Morningstar Drive	0.5
916.9	←	L onto Robertson Boulevard	1.0

69.2 kilometers. +674/-651 meters

Dist	Type	Note	Next
917.9	→	R onto Wembley Road	1.0
918.9	→	R onto Church Road	0.3
919.2	→	R onto Church Road At roundabout, take exit 1	2.8
922.0	←	L onto Alberni Highway	0.3
922.3	→	R onto Price Road	1.8
924.1	←	L onto Price Road	0.5
924.6	←	L onto Errington Road	0.8
925.4	→	R onto Grafton Avenue	0.1
925.5	↑	Continue on Grafton Road	0.0
925.5	✍	CONTROL1 Day4: Errington Information: Grafton Ave @ Errington Rd	7.2
932.7	→	R onto Pratt Road	1.9
934.6	→	R onto Alberni Highway, 4	1.2
935.8	↑	Continue onto Highway 4	4.3
940.1	↑	Continue onto Memorial Avenue At roundabout, take exit 2	2.1
942.2	←	L onto West Island Highway At roundabout, take exit 2	58.7
1000. 8	↑	Continue onto Cliffe Avenue	0.8
1001. 6	→	R onto Mansfield Dr	0.3
1002. 0	→	R onto Courtenay Riverway Access	0.0
1002. 0	←	L onto Courtenay Riverwalk	0.4
1002. 4	←	L onto path	0.0

85.6 kilometers. +808/-852 meters

In case of abandonment, contact organizer. (250) 880-5006

Dist	Type	Note	Next
1002. 5	→	R around building	0.1
1002. 6	✎	CONTROL 2/FINISH : Courtenay Staffed: Bayview Hotel Closes 5pm 23Aug	0.0

0.1 kilometers. +1/-0 meters

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