

LM Populaire Fraser Delta Grando 100 Route, 105km

Start: Planet Ice

May 2, 2026

Dist	Turn	Route Description	Next
0.0	Start	Start of route	0.0
0.0	CO	Head southeast toward east side of Planet Ice building	0.1
0.1	BL	Paved pathway	0.1
0.2	R	CO paved pathway toward ramp to Nordel Way overpass	0.3
0.6	R	Turn sharp right to access N Delta Greenway and CO to south	1.1
1.7	CO	N Delta Greenway	0.8
2.5	CO	Pavement	0.2
2.7	BR	N Delta Greenway	0.4
3.1	L	Westview Dr cul-de-sac	0.0
3.1	R	Westview Dr	1.6
4.7	L	Kittson Parkway	0.4
5.1	R	Lower Trail (No Dumping sign)	1.0
6.1	CO	Lower Trail (go straight at all trail intersections)	1.2
7.2	R	Old Hwy 10, go under highway	0.2
7.4	R	Delta-S Surrey Greenway	1.6
9.1	L	Colebrook Rd	0.7
9.8	R	125A St CO Colebrook Rd	4.1
13.9	R	Frontage Rd CO King George Blvd	1.2
15.1	BR	Keep right bike exit ramp toward ped bridge	0.2
15.2	R	Turn right Serpentine Fen trail	0.8
16.1	Control	Serpentine Control	0.7
16.8	L	To stay on Serpentine Fen trail CO 44 Ave	

IN CASE OF ABANDONMENT OR EMERGENCY

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18.3	DANGER	Fast moving traffic	0.0
18.3	L	King George Blvd	1.2
19.6	BR	King George Blvd Frontage East	0.5
20.1	L	Colebrook Rd	0.1
20.2	R	Turn right CAUTION RRX and CO Colebrook Rd	0.1
20.2	L	Colebrook Rd	3.7
23.9	L	127A St	0.9
24.8	R	Delta S Surrey Regional Greenway (Toilet)	9.4
34.3	R	88 St	2.4
36.7	L	Ladner Trunk Rd	1.6
38.3	BR	New RAB, keep left to take second exit to 80 St	1.1
39.5	R	Churchill St Connector	0.2
39.6	BR	Churchill St Connector RAB, take second exit to Churchill St westbound	1.6
41.2	L	72 St	2.5
43.8	R	Boundary Bay Dyke Trail	4.2
47.9	L	Beach Grove Rd	1.2
49.1	L	Turn left Enter parking lot and CO 12th Ave Dyke Trail	2.2
51.3	CO	Centennial Parkway	0.5
51.8	R	3 Ave CO Southlands Dr	2.5
54.3	CO	4 Ave. Steep hill, sorry! CO Milsom Wynd	1.5
55.8	L	6 Ave	0.4
56.2	R	English Bluff Rd	0.7
56.9	L	Wesley Dr	

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57.2	R	Skana Dr	0.1
57.3	R	Shaman Crescent	0.1
57.4	Control	Control. Staffed control	0.1
57.5	L	Wesley Dr	0.3
57.8	L	English Bluff Rd	0.5
58.3	R	Turn right onto 12 Ave	0.8
59.1	L	52 St	0.8
60.0	L	Springs Blvd	0.9
60.8	L	At crosswalk, take pedestrian pathway	0.2
61.0	CO	Orca Way	0.4
61.4	R	Tsawwassen Dr	0.2
61.6	L	Access road immediately after crossing Hwy 17	0.4
62.0	R	Tsawwassen Beach Trail	3.0
65.0	R	Turn right at first T junction	0.3
65.4	L	41B St	1.7
67.1	L	33A Ave	1.5
68.6	L	34 St	1.1
69.7	R	Canoe Pass Trail	3.8
73.5	R	Turn right toward River Rd	0.0
73.5	L	River Rd West	0.1
73.6	L	The dyke trail	1.0
74.6	R	Turn sharp right toward River Rd	0.0
74.6	L	River Rd West	0.6
75.2	L	Westham Island Rd	4.2
79.4	Uturn	CONTROL Robertson Rd	

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83.6	L	River Rd West	1.1
84.7	L	Dyke Trail at Ladner Reach Marina CO Dyke Trail CAUTION driveways and pedestrians	1.7
86.4	BL	Turn slight left Millennium Trail	0.5
86.9	CO	Chisholm St	0.4
87.3	L	River Rd. May use side path..	0.8
88.1	L	Ferry Rd	1.6
89.7	R	Millennium Trail	0.9
90.6	L	Turn left to cross ped bridge over Green Slough CAUTION poor visibility in highway underpass CO River Rd	0.9
91.5	CO	To stay on River Rd	1.4
93.0	R	Deas Island Rd	0.1
93.1	L	River Rd	3.3
96.4	L	Berg Rd	0.4
96.8	L	Paved pathway CAUTION root snakes, may use driveway, go right at gravel path CO Huston Rd	1.8
98.5	L	River Rd	3.8
102.3	BL	Bear left at 96 St to take side path on north side of RAB, CO River Rd	1.0
103.3	R	River Rd	0.1
103.5	L	Nordel Way	0.6
104.1	L	Nordel Court	0.4
104.5	L	Keep left entering the parking lot and proceed to the end of the route, where you started.	0.1
104.6	Control	CONGRATULATIONS!	

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