

Coffee & Ice Cream

Oct 11, 25

Ride Organizer

Craig Premack

Start location: **Starbucks 6568 Hastings St Burnaby**

Dist.	Turn	Direction	Route Description	Dist.(int.)
0.0			START Starbucks 6568 Hastings St Burnaby	
0.0	R	E/N	Toward Hastings St/	0.1
0.1	R	E	Hastings St/	9.3
9.4	L	E	Clarke St	1.2
10.6	R	S	Moody St	0.1
10.7	L	E	Barnet Hwy/St Johns St	1.6
12.3	R	E	Dewdney Trunk Rd	3.2
15.5	R	S	Westwood St	0.3
15.8	L	E	Kingsway Ave RAILWAY TRACKS use caution	1.6
17.4	L	E	2nd exit @ roundabout CO Kingsway Ave	2.6
20.0	L	E	Route 7B / Mary Hill Bypass immediately merge onto parallel bike path through gap in barriers GO SLOW SAND	0.8
20.8	CO	E	Holland Ave	0.2
21.0	R	S	Perkins St (no choice)	0.1
21.1	L	E	Kingsway Ave (T junction)	0.1
21.2	R	E	Up onto dyke. Bike Route sign for Traboulay PoCo Trail	0.1
21.3	L	N/E	Traboulay PoCo Trail follow under bridge	0.2
21.5	CO	E	Cross road Bike route Over Pitt River Bridge (cable-stayed bridge)	0.8
22.3	L	W	Sharp Left onto Trans Canada Trail follow under bridge	0.5
22.8	L	E	Ferryslip Rd @ powerlines, first exit from trail go around yellow gate (giant mulch pile to your left)	0.2
23.0	R	S	Kennedy Rd	1.8
24.8	CO	S	Wooldridge Rd	1.7
26.5	L	E	Ford Rd	0.2

26.7	R	S	Ford Detour Rd	1.1
27.8	L	E	Ford Detour Rd	1.4
29.2	R	E	Ford Rd	1.6
30.8	R	S	Baynes Rd	1.6
32.4	L	E	Airport Way	0.8
33.2	CO	E	2nd exit @ roundabout CO Airport Way	0.9
34.1	CO	E	2nd exit @ roundabout CO Airport Way	0.5
34.6	R	S	1st exit @ roundabout Golden Ears Bridge connector	0.3
34.9	BR	S	Merge onto sidewalk/bike route over Golden Ears Bridge <i>use caution</i> harsh transition onto curb cut	2.8
37.7	L	N	2nd exit @ roundabout CO 201 St	0.5
38.2	R	E	102b Ave	1.4
39.6	R	S	208 St	2.0
41.6	L	E/S	93 Ave becomes 212 St	2.4
44.0	L	S/E	Telegraph Trail	3.1
47.1	L	N/E	Glover Rd	0.5
47.6	R	E	Rawlison Crescent	0.7
48.3	L	E	Rawlison Crescent (easy to miss)	1.6
49.9	R	S	240 St	2.6
52.5	L	E/S	72 Ave <i>becomes</i> 256 St	4.4
56.9	L	E	64 Ave	1.7
58.6	R	S	264 St	1.6
60.2	L	E	56 Ave	0.3
59.7			SERVICES Co-op Gas Bar/McDonalds McD's is quicker for just a bathroom	
60.5	R	E	Gloucester Way	1.6
62.1	R	S	272 St	1.4
63.5	CO	E	Townshipline Rd	5.7
69.2	L	N	Mt Lehman Rd	0.8
70.0	R	E	Hawkins Rd	0.9
70.9	R	S	Olund Rd Caution: steep downhill with sharp L turn	2.4
73.3	R	E	Townshipline Rd	5.1
78.4	R	S	Riverside St	0.8
79.2	L	E	Clayburn Rd (cross Hwy)	2.4
81.6	L	E	Straiton Rd (easy to miss)	4.5

86.1			CONTROL Straiton Rd & Sumas Mt Stop Sign Answer Question on Control Card	
86.1	R	S	Sumas Mountain Rd (keep speed in check)	5.1
91.2	R	W	N Parallel Rd	2.3
93.5	L	S	Whatcom Rd	1.9
95.4	L	E	Nelles Rd	1.0
96.4	R	S	Into Birchwood Dairy	0.1
96.5			CONTROL Birchwood Dairy Answer Question on Control Card	
96.5	L	S	Fadden Rd (exiting west through parking lot)	0.7
97.2	R	W	Vye Rd	0.8
98.0	L	S	Whatcom Rd <i>becomes</i> Boundary Rd <i>becomes</i> 2nd Ave	4.6
102.6			CONTROL 2nd Ave & B St Stop Sign Answer Question on Control Card	
102.6	R	N	B St	0.2
102.8	L	W	4th Ave	0.6
103.4	BR	N	Riverside Rd	0.4
103.8	L	W	Farmer Rd	1.6
105.4	R	N	McCallum Rd	0.8
106.2	L	W	Vye Rd <i>becomes</i> Huntington Rd	4.9
111.1	L	S	Townline Rd <i>becomes</i> 0 Ave	10.8
121.9	CO	W	Cross Hwy 13 (Aldergrove Border) 0 Ave behind Duty Free Shop Through White Bollards	0.3
122.2	CO	W	0 Ave	3.7
125.9	R	N	248 St	14.5
140.4	L	W	72 Ave	1.6
142.0	R	N	240 St	2.6
144.6	R	E/N	240 St	1.3
145.9	L	W	River Rd RAILWAY TRACKS use caution	1.6
147.5	R	W	Mavis Ave	0.2
147.7	R	N	Glover Rd	0.1
147.8	L	W	Billy Brown Rd (immediately after RR tracks)	1.2
149.0	R	W	96 Ave	0.5

149.5	CO	W	McKinnon Crescent	0.6
150.1	R	N	Allard Crescent	6.5
156.5			CONTROL Allard Crescent & 208 St Stop Sign NE Corner Answer Question on Control Card	
156.5	L	S	208 St	0.9
157.4	R	W	102b Ave	1.4
158.8	L	S	201 St	0.6
159.4	R	W/N	2nd exit @ roundabout take Spiral ramp up & onto Golden Ears Bridge (cross east side)	3.0
162.4	CO	N	2nd exit @ roundabout CO Bike Route	0.9
163.3	L/R	W	Use Cross Walk @ Maple Meadows Way (underpass roundabout) @ roundabout take first exit onto Hammond Rd	0.1
163.4	CO	W	Hammond Rd	0.8
164.2	R	N	Bonson Rd	0.5
164.7	L/R	N	120B St Immediate Right onto Path take Pedestrian Overpass (walk bike)	0.3
165.0	CO	N	Bonson Rd	0.3
165.3	L	W	Park Rd <i>becomes</i> 192a St <i>becomes</i> 124	0.9
166.2	R	N	Harris Rd	0.3
166.5	L	W	Lougheed Hwy	2.5
169.0	BR	W	Bike route Over Pitt River Bridge (cable-stayed bridge)	1.3
170.3	L	W	Fremont Connector (unsigned) immediately after exiting bridge	0.3
170.6	BR	N	Fremont Connector	1.0
171.6	L	W	Dominion Ave	0.8
172.4	R	N	Niles Gate	0.2
172.6	CO	N	Shared pathway	0.2
172.8	CO	W	Niles Gate	0.1
172.9	L	W	Riverside Dr (unsigned)	0.9
173.8	L	W	Riverwood Gate	0.5
174.3	R	N	Wellington Bike Route (signed) looks like a alley (immedially after Coast Meridian Rd)	0.3
174.6	L	W	Wellington Bike Route (Westminister Ave)	0.7
175.3	R	N	Oxford St	1.5
176.8	L	W	Lincoln Ave	0.5

177.3	R	N	Shaughnessy St	2.0
179.3	L	W	David Ave	5.7
185.0	L	S	2nd exit @ roundabout Bert Flinn Park (get off the road)	0.0
185.0			CONTROL Bert Flinn Park Answer Question on Control Card	
185.0	CO	S	down Heritage Mountain Blvd (unsigned) <i>becomes loco Rd</i>	2.5
187.5	R	W	Murray St	1.8
189.3	R	N/S	Moody St	0.3
189.6	R	W	Clarke St	1.2
190.8	R	N	Barnet Hwy / Hasting St	9.5
200.3	L	S	Kensington (into parking lot)	0.2
200.5			FINISH CONTROL Starbucks Kensington Plaza, Hastings St	
			Incase of abandonment call organizer: 778-232-0204	
			Incase of emergency call 911	