Founding member of LES RANDONNEURS MONDIAUX (1983)



600 km Randonnée

East Coast Renfrew Reprise

Rider:

Member #

Bicycle Type -----> Single Tandem Fixed Recumbent Velomobile

Start Date: August 23, 2025

Start time: 6:00 AM

Finish time:

Finish Date:_____

Elapsed time:

Rider's signature at completion

At each control, please have signed or answer question and note time of day							
Locale	Establishment	Signature/Answer					

DIST (km)	Open	Close	Locale	Establishment	Signature/Answer	Time of Passage
	Saturday	Saturday		Tim Hortons		
0.0	6:00 AM	7:00 AM	NANAIMO	1980 Island Highway North		
	23-Aug-25	23-Aug-25				
	Saturday	Saturday		BUSINESS		
87.1	8:34 AM	11:48 AM	LAKE COWICHAN	Your choice		
	23-Aug-25	23-Aug-25		Lake Cowichan Rd/S Shore Rd		
	Saturday	Saturday		INFORMATION		
150.0	10:25 AM	4:00 PM	PORT RENFREW	Renfrew Pub		
	23-Aug-25	23-Aug-25		Parkinson Rd		
	Saturday	Saturday		INFORMATION		
220.0	12:30 PM	8:40 PM	LAKE COWICHAN	Stoker Park		
	23-Aug-25	23-Aug-25		Marble Bay Rd		
	Saturday	Sunday		Tim Hortons		
279.2	2:21 PM	12:37 AM	MILL BAY	or Shell Gas		
	23-Aug-25	24-Aug-25		Deloume Rd		
	Saturday	Sunday		7Eleven		
361.5	4:56 PM	6:06 AM	NANAIMO	Bruce Ave @ 5th St		
	23-Aug-25	24-Aug-25				
	Saturday	Sunday		Buckley Bay Store/Petrocan	self sign if closed	
451.7	7:51 PM	12:07 PM	BUCKLEY BAY			
	23-Aug-25	24-Aug-25				
	Saturday	Sunday		Tim Hortons		
485.6	8:59 PM	2:22 PM	сомох	394 Lerwick Rd		
	23-Aug-25	24-Aug-25				
	Saturday	Sunday		Shell Gas	self sign if closed	
555.8	11:20 PM	7:03 PM	QUALICUM BEACH	Island Hwy @ Memorial Ave		
	23-Aug-25	24-Aug-25	22/10/1			
	Sunday	Sunday		Tim Hortons	self sign if closed	
601.8	12:52 AM	10:00 PM	NANAIMO	Brooks Landing		
	24-Aug-25	24-Aug-25		1980 Island Hwy N		
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