

# Permanent Brevet #59

Submitted by: Tracy Barill

## Seven Wonders of the North Shore 200K

Distance (cumulative)	Turn	Direction	Route Description	Distance Interval
<b>0.0</b>			<b>START – Starbucks on Esplanade Street and Rogers Ave, North Vancouver</b>	
0.0		E	Esplanade Street	0.7
0.7	BR	E	Low Level Road (becomes Cotton Road then Main Street then Dollarton Hwy then Deep Cove Road then Gallant Ave)	11.8
12.5	L	N	Panorama Drive	1.4
<b>13.9</b>			<b>CONTROL #1: Information Control at Deep Cove marina</b>	
13.9	T	S	Panorama Drive	1.4
15.3	R	W/S	Gallant Ave becomes Deep Cove Road becomes Dollarton Hwy	1.6
16.9	R	W	Caddy Road	0.3
17.2	R	N	Fairway Drive	0.5
17.7	L	W	Mount Seymour Hwy	5.2
22.9	R	N	Lillooet Road	4.8
<b>27.7</b>			<b>CONTROL #2: Information Control at End of Lillooet Road</b>	
27.7	L	W	Path to footbridge and Lynn Valley road: hard packed gravel to Lynn Valley Road	0.5
28.2	L	S	Lynn Valley Road	0.1
28.3	R	W	Dempsey Road (steep hill at end of Dempsey)	2.1
30.4	L	S/W	Braemar Road	1.6
32.0	R	N	Lonsdale Ave	1.2

32.2	L	W	Rockland Road becomes Montroyal Blvd	3.1
35.3	R	N	Capilano Road	0.2
35.5	L	W	Dam Road (through gate or along footpath beside gate if necessary towards Cleveland Dam) cross Cleveland Dam and proceed up gravel road; gravel road continues along fence towards British Properties	0.8
36.6	L	S	Glenmore Drive	0.1
36.7	R	W	Deep Dene Road	0.9
37.0	R	W	Stephens Drive	0.1
37.1	BL	W	Southborough Drive	0.2
37.3	R	W	Kenwood Road	0.8
38.1	BR	W	Groveland Road	3.3
39.0	L	SW	Highland Drive	0.1
39.1	BL	SW	Burnside Road	0.4
39.5	R	W	Chartwell Dr. becomes Chippendale Road	2.2
<b>41.7</b>			<b>CONTROL #3: Information Control at Fraiche Restaurant on left</b>	
41.7	CO	W	Chippendale Road	1.6
43.3	L	S	Chairlift Road	0.3
43.6	L	E	Skilift Road	0.6
44.2	R	W	Ramp onto Hwy #99 toward Squamish	8.6
52.8	BR	W	Exit to BC Ferries keeping to the right to proceed to the right of the ticket booths onto old Hwy #99 towards Squamish	0.3
53.1	CO	N/W	Old Hwy #99 to reconnect with Hwy#99 just past Pasco Road	0.1
55.9	CO	N	Hwy #99 through Squamish past exit to Alice Lake and on to the Lookout off of Hwy #99 viewing the Tantalus Mountains	6.3

<b>114.0</b>			<b>CONTROL #4: Information Control at Tantalus Viewpoint off of Hwy #99</b>	
114.0	T	S	Take Ramp and Exit back onto Hwy #99 South – CAUTION: Fast Moving Traffic – taking a right north on Hwy #99 for a short distance followed by a left to a lookout on the south side of the Hwy may be safer before returning south of Hwy #99	8.0
122.0	R	W	Squamish Valley Road	2.1
124.1	L	S	Government Road	6.9
131.0	L	E	Centennial Way	0.6
131.6	R	S	Loggers Lane	0.5
134.1	R	W	Cleveland Ave	0.1
134.2	L	S	Hwy #99 S	2.7
174.0	BR	S	Marine Drive (Old Hwy #99 towards Horseshoe Bay)	1.5
177.6	R	S	Marine Drive through and around roundabout to continue to Whytecliff Park	2.0
<b>179.6</b>			<b>CONTROL #5: Whytecliff Park Concession</b>	
179.6	T	N	Marine Drive back through roundabout	1.8
181.4	R	E	Marine Drive	13.0
194.4	R	S	24 <sup>th</sup> Street to turn left just over railroad tracks	0.1
194.5	L	E	Unnamed road just over the railroad tracks	0.2
194.7	L	N	Left on 23 <sup>rd</sup> Street before an immediate right on Bellevue Ave	
194.7	R	E	Bellevue Ave	2.0
196.7	R	S	13 <sup>th</sup> Street to cross railroad tracks to bear left and immediately veer left into parking lot to continue east parallel with railroad tracks along bike path – at Capilano River follow bike path left to the end of path	1.2

197.8	R	E/S	Bridge Road (cross Capilano River)	1.1
198.9	L	E	Welch Street	1.2
200.1	R	S	Garden Ave	0.1
200.2	BL	E	1 <sup>st</sup> Street becomes 2 <sup>nd</sup> Street	2.2
202.4	BR	E	3 <sup>rd</sup> Street	0.4
202.8	R	S	Forbes Ave becomes Esplanade	0.2
<b>203.0</b>			<b>FINISH CONTROL</b> <b>Starbucks at corner of Esplanade and Rogers Ave, North Vancouver</b>	

Note: Ride organizers may make last minute changes because of road closures or other problems. The route sheet you receive at the start of the ride is the official one.

R-right L-left BR-bear right BL-bear left ST-straight CO-straight on T-turn around