



Control Card

400 km Randonnée

PentaC Cruise Reprise

Rider: _____ Member # _____

Bicycle Type -----> Single Tandem Fixed Recumbent Velomobile

Start Date: _____ August 9, 2025 _____

Start time: _____ 6:00 AM _____

Finish Date: _____ _____

Finish time: _____ _____

Elapsed time: _____ _____

Rider's signature at completion _____

*At each control, please **have signed or answer question** and **note time of day***

DIST (km)	Open	Close	Locale	Establishment	Signature/Answer	Time of Passage
0.0	Saturday 6:00 AM 9-Aug-25	Saturday 7:00 AM 9-Aug-25	NANAIMO	Tim Hortons 1980 Island Highway North		
45.0	Saturday 7:19 AM 9-Aug-25	Saturday 9:15 AM 9-Aug-25	COOMBS	Information Control Mailboxes Pratt @ Grafton		
120.2	Saturday 9:32 AM 9-Aug-25	Saturday 2:01 PM 9-Aug-25	CUMBERLAND	Information Control Comox Lake Boat Launch		
151.3	Saturday 10:27 AM 9-Aug-25	Saturday 4:05 PM 9-Aug-25	COURTENAY	Information Control Kitty Coleman Provincial Park Main parking lot		
200.0	Saturday 11:53 AM 9-Aug-25	Saturday 7:20 PM 9-Aug-25	CAMPBELL RIVER	Information Control Argonaut @ Gold River Hwy Sign on west side of Argonaut		
252.5	Saturday 1:31 PM 9-Aug-25	Saturday 10:50 PM 9-Aug-25	COURTENAY	Information Control S Farnham @ Dove Ck Back of stop sign		
359.1	Saturday 4:51 PM 9-Aug-25	Sunday 5:56 AM 10-Aug-25	NANOOSE	Information Control Fairwinds @ Anchor Fairwinds sign BEHIND you		
392.0	Saturday 5:53 PM 9-Aug-25	Sunday 8:08 AM 10-Aug-25	CHASE RIVER	Information Control Petrocan South Parkway Plaza		
401.0	Saturday 6:10 PM 9-Aug-25	Sunday 9:00 AM 10-Aug-25	NANAIMO	Tim Hortons 1980 Island Highway North	self sign if closed	

Report results or abandonment through registration email link

Organizer: (250) 213-3724