



Control Card

400 km Randonnée
PentaC Cruise Reprise

Rider: _____ Member # _____

Bicycle Type -----> Single Tandem Fixed Recumbent Velomobile

Start Date: _____ August 9, 2025 _____

Start time: _____ 6:00 AM _____

Finish Date: _____ _____

Finish time: _____ _____

Elapsed time: _____ _____

Rider's signature at completion _____

*At each control, please **have signed or answer question** and **note time of day***

DIST (km)	Open	Close	Locale	Establishment	Signature/Answer	Time of Passage
0.0	Saturday 6:00 AM 9-Aug-25	Saturday 7:00 AM 9-Aug-25	NANAIMO	Tim Hortons 1980 Island Highway North		
45.0	Saturday 7:19 AM 9-Aug-25	Saturday 9:15 AM 9-Aug-25	COOMBS	Information Control Mailboxes Pratt @ Grafton		
121.8	Saturday 9:35 AM 9-Aug-25	Saturday 2:07 PM 9-Aug-25	CUMBERLAND	Information Control Comox Lake Boat Launch		
152.9	Saturday 10:30 AM 9-Aug-25	Saturday 4:12 PM 9-Aug-25	COURTENAY	Information Control Kitty Coleman Provincial Park Main parking lot		
201.6	Saturday 11:56 AM 9-Aug-25	Saturday 7:26 PM 9-Aug-25	CAMPBELL RIVER	Information Control Argonaut @ Gold River Hwy Sign on west side of Argonaut		
254.1	Saturday 1:34 PM 9-Aug-25	Saturday 10:56 PM 9-Aug-25	COURTENAY	Information Control S Farnham @ Dove Ck Back of stop sign		
360.8	Saturday 4:54 PM 9-Aug-25	Sunday 6:03 AM 10-Aug-25	NANOOSE	Information Control Fairwinds @ Anchor Fairwinds sign BEHIND you		
393.6	Saturday 5:56 PM 9-Aug-25	Sunday 8:14 AM 10-Aug-25	CHASE RIVER	Information Control Petrocan South Parkway Plaza		
402.6	Saturday 6:13 PM 9-Aug-25	Sunday 9:00 AM 10-Aug-25	NANAIMO	Tim Hortons 1980 Island Highway North	self sign if closed	

Report results or abandonment through registration email link

Organizer: (250) 213-3724