

## Permanent Brevet #22

# Hawaii Ironman 200 km

Submitted by: Susan Barr

Start/Finish: Casa de Emdeko Condominium, 75-6082 Alii Drive, Kailua-Kona, Hawaii

Distance (km) cumulative	Turn	Direction	Route	Distance (interval)
0	R	S	Alii Dr	1.0
1.0	L	E	Royal Poinciana Dr	0.8
1.8	R	SE	Kupuna St	0.7
2.5	L	E	Lako St	0.1
2.6	R	S	HI - 11	8.7
11.3	R	S	Hawaii Belt Rd/HI-11	3.8
15.1	CONTROL: McDonald's Restaurant, 81-6655 Mamalahoa Hwy, Kealahou HI			
15.1	U	N	Hawaii Belt Rd/HI 11 (toward Mortuary Rd)	3.8
18.9	L	N	HI-11	13.8
32.7	S	N	Continue on HI-19	52.9
85.6	L	N/E	HI-270/Kawaihae-Mahukona Rd	31.2
116.8	CONTROL: Hawi (your choice)			
116.8	U	W/S	HI-270/Kawaihae-Mahukona Rd (toward Kahei Homestead Rd)	31.2
148.0	R	S	HI-19	52.9
200.9	R	SW	Palani Rd	0.6
201.5	L	S	Continue on Alii Dr	3.2
204.7	FINISH CONTROL: Casa de Emdeko CONGRATULATIONS!			

**L = Left**  
**R = Right**  
**BL = Bear Left**  
**BR = Bear Right**  
**U = U-Turn**