



AFRICAN VISION MALAWI

CREATING LASTING CHANGE

Our Vision:

A healthy, educated, self-sufficient community in Malawi

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DISABILITY — *The most vulnerable and neglected group of people*



Lucy, from Namanyanga Centre, contracted cerebral malaria, leaving her brain damaged and epileptic. She has daily seizures and has lost control of her toileting. We supplied some washable pull up nappies, soap and clothing, along with building a fuel-saving oven to help protect her from an open fire.

We continue to promote Inclusive Education and we were very pleased to see a student in a wheelchair and another albino student attending Mtseteza Primary School. Schools are becoming more confident in supporting children with Special Needs, and this is shown in the increase in numbers now going to school.



EPILEPSY

People with disability are the most vulnerable group in our area, often neglected. The most incredible thing is how many people there are with epilepsy.

If you have followed our work you will know some people still believe that the person has been cursed and they sometimes try to burn out the evil spirit. This has been one of the most distressing things that I have come across. I have had personal contact with four

burnt individuals with epilepsy. One man had to have his right hand removed as a result of his burns! We desperately need to educate people about epilepsy, so that they see it is a medical illness that can be treated and that people can return to relatively normal lives.

We have discovered that often epilepsy is due to people contracting cerebral malaria. We have more understanding now of people's attitudes, since they see a person born normally, become ill and then have seizures, which can look like the person has become possessed.



ESTELLE

You may remember Estelle, who I had taken to hospital last October with badly burnt feet. Last month, it was one of my highlights as she walked towards me and gave me a big hug.

I thought they would amputate her feet, but luckily we managed to get her into hospital quick enough for her feet to be saved, although it took 7 weeks!

We are taking on Emma Njoka on a 4 month contract from July, who will focus on supporting people with disabilities and people HIV positive.

We are desperate for more funds to support this project. The Palmer children are doing fundraising events if you want to support them, to support us, information is on the back page.

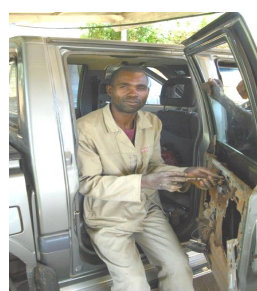
STAFF NEWS



Happy 8th birthday!



Ida Mwangala, Country Manager



Richard Chintochi, Mechanic



Julie Ndalama, Office Admin.

In May, Ida Mwangala joined us as our new Country Manager, Sarah Parsloe is remaining with us to support Ida and moving into the role of Operations Manager. Julie Ndalama has volunteered with us since April 2012 and is now employed as our office administration support. Richard Chintochi joined us in April as our Mechanic. All are very welcome into the Landirani family.

The Landirani Trust celebrated 8 years in Malawi. We thank all our supporters for being part of our journey. Achievements so far are: built 12 classrooms, rebuilt 2 classrooms, renovated 9 classrooms, renovated 3 clinic staff houses, built 3 teachers houses, built 3 pre-schools (CBCCs), planted 18,720 trees, installed 12 water harvesters, distributed 1,700 mosquito nets, 1,015 uniforms, 1,052 blankets and clothing, provided 13 bicycle ambulances, sponsored 74 Secondary school students, supported 120 women with income generating projects, have 16 strong school partnerships amongst growing many gardens and distributing food to the most vulnerable every year.

GROUNDNUTS



Blessings and Green helping some of the growers to harvest groundnuts

We have 14 centres. Our 100 women groundnut growers from 10 centres harvested their nuts in May. They are now stored until they are told NASFAM will come to buy them from them.

This project was implemented with the funds from The Young Co-operatives at Epsom College and will provide a fair-trade price for these farmers to enable them to support their dependent children. We will extend this project to support a further 40 women this year; 10 women will be supported from each of the remaining 4 centres.

LANDIRANI TRAINING VILLAGE



George Phiri and his team have finished the next rammed earth dwelling on the Training Village. George has now moved into this with a volunteer Simon Gates, who is building our next accommodation in rammed earth.

The permaculture is progressing and we are starting to grow healing plants such as Aloe Vera, Lemongrass and Chitede (which is good for building up the immune system for HIV + people).

We have finally got a borehole at The Landirani Village. It took a couple of site visits to find a suitable place to drill, as the land seems to be over a plate of rock!

CHITSIME SCHOOL



Finally we were able to have an opening ceremony for the new Chitsime school block. All the school came out to celebrate with singing, dances and speeches, with the ribbon cut by the Head Chief of M'bang'ombe.

These two classrooms replace one that collapsed in bad weather. Now all the children are able to have classes under a roof, if it is raining. Our thanks go to their partnership school, The Mall Preparatory School who funded this building, by completing many sponsored events.

MY WORK EXPERIENCE..



On 3rd June 2013 I did a week's work experience at the Landirani Trust. I am a student at Bishop Mackenzie International School in Lilongwe and I

chose the Landirani Trust as I wanted to learn more about their work. From the beginning, I felt welcome at Landirani and accompanied Eileen Speak, to different schools in their area. Even though I've been living in Lilongwe for over two years I've never been to this area, which is only one hour from my home. We delivered packs from their partner schools in the UK. I enjoyed my week at Landirani and the nervousness I had because it was my first work experience was soon gone as the staff was very hospitable. I learned a lot and had experiences I will never forget.

Elisa Krug—Volunteer

MATERNITY STARTS..



On May 6th the foundations started to be built at the new maternity unit at M'bang'ombe Clinic. We hope this will be completed and opened on October 8th. Birth rates at the small unit have tripled in number since last year, so the larger unit is much needed.

Many thanks to Project4Africa who have been raising money for this unit over several years. We still need funds for a scanner and solar, so if you would like to donate, and make an enormous difference, please go to the website www.africanvision.org.uk.

EDUCATION



Our grateful thanks go out to our Partnership schools in the UK who raised funds to provide a CharCharChest to their school in Malawi. The schools were absolutely thrilled to receive these. Not only did we get chests for all our partnership schools, but the charity CharCharChests gave us a total of 25 chests. This is the first time our schools have had their very own reading books (400 in total) along with other items which included educational posters, pencils, crayons, rubbers, rulers, sharpeners, jigsaws and a magic 'wipe board'. We were privileged to welcome back Prof. Brooke Blanks from Radford University, US who is helping us promote 'Inclusive Education'. She brought colleagues who specialize in

CHARCHAR CHEST WORKSHOP



Literacy and Music. All three observed lessons in our schools and planned and implemented two workshops which showed our schools how to use the chest and extension activities which included the introduction of the CharChar song!

The timing worked well as Eileen Speak, our Partnership coordinator, visited Malawi for 2 weeks in June, doing our School Partnership exchange. The theme this exchange was about 'Homes' and much was learnt from both countries about the homes they live in. She used the opportunity to deliver the chests, which were received with great excitement!


ENCOURAGING GIRLS



Many girls drop out of school due to coming of age and get married (as young as 15) or to help around the home. We are encouraging them to stay on, so they can potentially attend Secondary School. St Matthews and St Johns Churches in Kingston gave pencil cases generously with messages of support. These were given to girls doing well in Standard 6. We have found more girls are staying on to Standard 8 due to installation of solar lighting and more students are getting scholarships to go to Secondary School.

We shall select 10 more students to support in September, if you would like to take on a student at £17.50 per month, please contact us at info@africanvision.org.uk.

 www.africanvision.org.uk

 www.facebook.com/africanvision

 www.youtube.com/landirani

 www.twitter.com/avmalawi

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THANKS TO:
PROJECT4AFRICA
FEED THE CHILDREN
(MALAWI)
ROTARY INTERNATIONAL
Jackson, Tennessee
NEXUS FOSTERING
CAVE CO-OP
OUR LBC MEMBERS
OUR MALAWI TEAM
ALL SUPPORTERS
TRANSAID
REED ELSEVIER
DE LA RUE CHARITABLE
FOUNDATION
SOW IT FORWARD
ARNOLD HOUSE SCHOOL
EPSOM COLLEGE
TOLWORTH GIRLS
SCHOOL
JO & MIKE CALVERT


June 2013

AFRICAN VISION MALAWI LAUNCH

Despite the rain, African Vision Malawi was launched in the UK on 14th June with school children writing out their visions for Malawi. On 15th June around 65 people came to a garden party to give the charity a good send off.

We continue to operate under the name of **The Landirani Trust** in Malawi.



Coombe Infant pupils with their visions for their friends in Malawi.



FUNDRAISING AND EVENTS

Future events:

Indulgence Day 6th July 10.30 – 5.30. Therapists give up their time to make you happy with a massage, manicure, haircut or eyebrow threading in return for making us happy with your donations. Book so you are not disappointed! This year we have a beer tent to keep your partner happy!

Email info@africanvision.org.uk to book.

All 3 Palmer children have seen the need to support our disability project and have organised fundraising events -

Jacob Palmer run <https://mydonate.bt.com/fundraisers/jacobpalmer> running the London10km on July 14th

Sam Palmer climb <https://mydonate.bt.com/fundraisers/africanvisionclimb> climbing Mount Blanc on 14th August. The highest mountain in Western Europe

Kira Palmer donate a day <https://mydonate.bt.com/fundraisers/donateaday> donate what you would earn in a day

Richard North triathlon on 26th August, raising funds towards a scanner and solar for our new maternity unit. <https://mydonate.bt.com/fundraisers/raiseformilawi>

Sarah Bowen is planning to cycle 'around the coast in 80 days'! This fantastic mission is to start on July 17th cycling an amazing 4,000km. Please donate at <https://mydonate.bt.com/fundraisers/sarahbowen> and keep up to date with her blog www.aroundthecoastin80days.blogspot.co.uk/ Funds will go towards building a Training workshop and accommodation at our Training Village.

Past events:

Launch of the new name AFRICAN VISION MALAWI on 14th and 15th June which raised just over £800.

Project4africa sponsored walk was held on 9th June, with a fantastic walk near Box Hill. Funds go towards the new Maternity Unit.



Tolworth Girls School, car boot sale raised £350 towards building a Library and Resource Centre.



Arnold House School raised a further £890 having a moustache and glasses day! Funds to support the Landirani Training Village.

The Young Cooperatives, Epsom College raised a further fantastic £2,500 towards disability.

Thanks to Jo and Mike Calvert who have raised an amazing £7,500 towards helping to set up sustainable food gardens in our pre-schools. They are helping to set this up in October.

MyDonate: <https://mydonate.bt.com/charities/thelandiranitrust>

BT MyDonate is a free service provided by BT to enable people to fundraise for charities online. Go to:

www.btplc.com/mydonate/ to donate, set up your own fundraising page for African Vision Malawi or to sponsor a fundraiser.