

### **Understanding the Risk of Communicable Disease**

Communicable diseases such as COVID-19, seasonal influenza and norovirus are illnesses caused by an infectious agent that is easily transmitted from person to person.

### **Ongoing Communicable Disease Policies and Best Practices**

The following Communicable Disease policies and best practices will continue to be enforced during the transition from the COVID-19 Plan to the CDP.

*\*These measures are subject to change based on elevated risk or Provincial Health Office mandates.*

- Workers exhibiting any symptoms of cold/flu/COVID-19 are prohibited from entering a worksite.
- Workers that become ill must either self-isolate for 10-14 days or provide a negative COVID-19 test with full resolution of symptoms.
- Workers must continue to practice physical distancing in the workplace.
- Use of masks or facial coverings are no longer mandatory indoors; Arkay continues to encourage the use of masks.
- In situations where physical distancing is not possible, a mask or facial covering is required.
- Workers are required to adhere to all client site COVID-19 policies, occupancy limits, site signage and mask requirements.
- Workers are required and encouraged to wash hands or hand sanitize often.
- Workers are required to observe cough and sneeze etiquette - cough or sneeze into tissue or the crook of the elbow. **Do not cough or sneeze into the hands.**
- Workers are required to adhere to client site sanitation requirements such as cleaning work surfaces and disinfecting tools being returned to a communal lock-up.
- Workers are encouraged to open windows to increase available ventilation in their area of work.
- Workers are encouraged to pursue COVID-19/seasonal flu vaccination.

*\*Changes and updates of Arkay Communicable Disease policies will continue to be communicated through the Arkay website, worker e-blasts and handouts.*

*\*Health information concerning COVID-19, influenza and associated vaccines are reviewed weekly by the Arkay Safety Coordinator. Policies and mitigation efforts are updated as advised by the Public Health Office immediately.*