



Ring Exchange

Thousands Of Years

For thousands of years lovers have exchanged rings as a token of their vows. The ring is a symbol of unity. It's an unbroken circle without beginning or end and thus signifies the continuation of true love. Bride and Groom, today you both give and receive these rings as you bind your separate lives together as one. From this point forward you'll work each day to create a love that is whole, unbroken and to love each other without end, just like the circle and the ring. Your wedding rings tell the world that you've been found, that you've chosen to be bound together for life.

May your rings be blessed as symbols of your affection. Proudly wear them as reminders of your unity, love, respect for each other and trust.

"Bride, do you accept this ring as a symbol of my promise to love and cherish you forever?"

"Groom, do you accept this ring as a symbol of my promise to love and cherish you forever?"

Bright Like The Sun

Bride and Groom, your rings serve as symbols of the vows you've just spoken. They are the outward and visible sign of an inward and invisible love that binds your hearts and souls together. They're made from metals that came from deep within the earth. May your rings remind you that your love must also come from deep within you. Heated to over a thousand degrees and then forged with great effort, may your rings remind you that your marriage is crafted each and every day. It's forged through open communication, flexibility, daily giving and forgiving. Round like arms that embrace, may your rings remind you that you've got someone special who'll be there to support you through the hills and valleys of life. Bright like the sun, may your rings remind you that your love is meant to illuminate your lives.

"Bride, do you accept this ring as a symbol of my promise to love and cherish you forever?"

"Groom, do you accept this ring as a symbol of my promise to love and cherish you forever?"

Spiritual Belief

A circle symbolizes the sun, the earth and the universe. It has no beginning and no end and thus symbolizes eternal, spiritual truth, love, light, and peace. Bride and Groom, your rings are made of precious metal and your love is rich in spiritual value. Your rings stand for unity and unending devotion, and your exchange of rings is a symbol of your larger understanding of your spiritual nature and your spiritual truth. It stands for the purity of your real and highest selves and for the purity of God's love that shines upon you now. Your two lives are being joined today in one unbroken circle. Rings are without end or seam so they symbolize a love that's eternal and that's our hope for you.

"Bride, will you accept this ring and be my wife from this day forward?"

"Groom, will you accept this ring and be my husband from this day forward?"



Humble Beginnings (partially written by Derek Powazek)

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This is the point in the ceremony when people talk about the wedding bands being a perfect circle, having no beginning and no end, but we all know that these rings have a beginning. Rock is mined from the earth. Metals are liquefied in a furnace at a thousand degrees and then the metal is forged, cooled, and then painstakingly polished. Something beautiful is made from raw elements. Love is like that. It comes from humble beginnings. It is the process of making something beautiful where there was once nothing at all. The promises that you've made to each other today are inscribed forever in your minds and in your hearts, but words are fleeting, so let your rings serve as a reminder of the feelings you have in your hearts at this very moment. Your rings are visible, tangible symbols of your commitment to one another and of your emotional and spiritual connection. Your rings announce to the world that you've been found. They are a reminder and celebration of the promises you've made today and in exchanging these bands you knit your two lives together as one. When you look down at your wedding band, remember the great gift that you have been given and all that you have in one another.

"Bride, with this ring I am giving you my promise to always love and cherish you, honor you and comfort you. I promise to keep my heart open to you all the days of my life."

"Bride do you accept this ring from Groom?"

"Groom, with this ring I am giving you my promise to always love and cherish you, honor you and comfort you. I promise to keep my heart open to you all the days of my life."

"Groom do you accept this ring from Bride?"

